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PUBLISHING

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BUSINESS

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ALLEN  
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PENGUIN  
CLASSICS



PENGUIN  
ANANDA



**Penguin**  
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HAMISH  
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VINTAGE

PENGUIN  
BOOKS

PENGUIN  
VEER

PENGUIN  
VIKING

# CONTENTS

PUBLISHER'S NOTE 4

NON-FICTION 5

FICTION 28

POETRY 36

BUSINESS 39

BACKLIST 47

## Publisher's Note

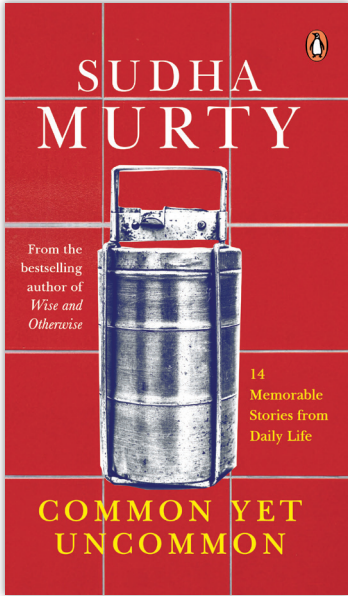


*I am delighted to share our catalogue for October–December 2023. Our eclectic, diverse and timely books are for readers across the spectrum, and, like every year, include some promising debut voices and bestselling established authors. I hope you will enjoy the range of books we are proud to publish and will keep on reading with Penguin.*

*Misha Ashwarya*



**NON-FICTION**



# COMMON YET UNCOMMON

14 MEMORABLE STORIES FROM DAILY LIFE

**SUDHA MURTY**

**Imprint: Penguin Books**

**Format: Demy/Hardback**

**Page Extent: 200**

**ISBN: 9780143464617**

**Pub Month: October 2023**

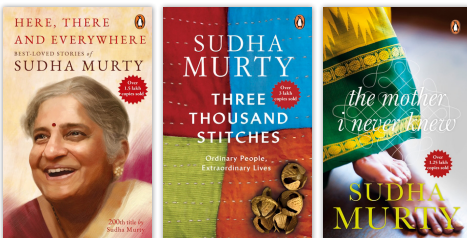
**Territory: World**

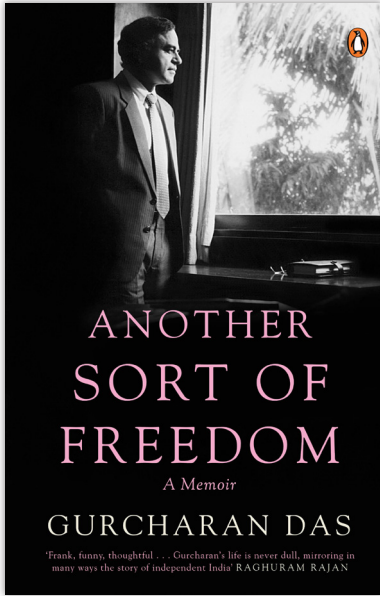
**Price: Rs 399**

## Inspired by her hometown, tales on human nature from master storyteller Sudha Murty

Written in Sudha Murty's inimitable style, *Common Yet Uncommon* is a heartwarming picture of everyday life and the foibles and quirks of ordinary people. In the fourteen tales that make up the collection, Sudha Murty delves into memories of childhood, life in her hometown and the people she has crossed paths with. The characters in this book do not possess wealth or fame. They are unpolished and outspoken, transparent and magnanimous. These are tales of unvarnished humans, with faults and big hearts. Testament to the unique parlance of a small town, *Common Yet Uncommon* speaks a universal language of what it means to be human.

**SUDHA MURTY** writes in Kannada and English and has authored collections of short stories, travelogues, technical books, non-fiction stories, novels and children's books.





# ANOTHER SORT OF FREEDOM

A MEMOIR

**GURCHARAN DAS**

**Imprint: Allen Lane**

**Format: Royal/Hardback**

**Page Extent: 416**

**ISBN: 9780670092710**

**Pub Month: October 2023**

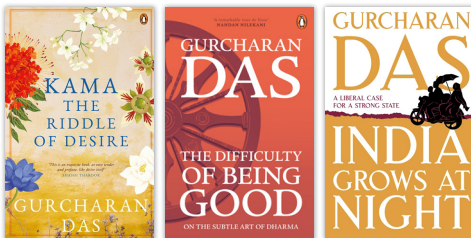
**Territory: Indian Subcontinent**

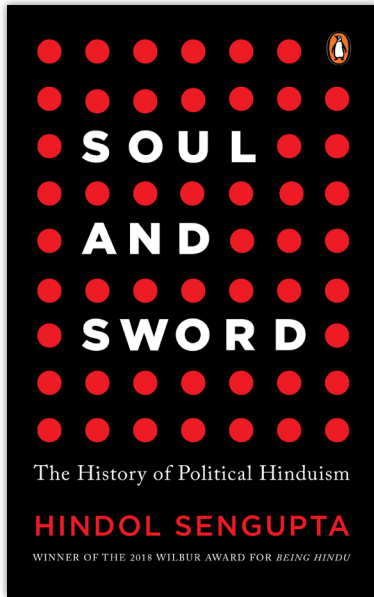
**Price: Rs 699**

**Gurcharan Das looks back at his life.**

Gurcharan Das was born in Lyallpur, Punjab, during World War II. His journey has strange twists, from Partition's chaos to misguided attempts at winning over first loves. Setting out to become an engineer, he ends up with a philosophy degree from Harvard University. He then abandons a promising academic career to become a salesman for Vicks VapoRub in India's dusty bazaars. This leads him to the CEO's position of Procter & Gamble, India. One day, at the peak of his professional life, he walks away to become a celebrated writer and public intellectual. Candid, witty and wry, the memoir is filled with moments of deep introspection.

**GURCHARAN DAS** is a renowned author, commentator and thought leader.





# SOUL AND SWORD

THE HISTORY OF POLITICAL  
HINDUISM

**HINDOL SENGUPTA**

**Imprint: Vintage**

**Format: Demy/Hardback**

**Page Extent: 352**

**ISBN: 9780670093786**

**Pub Month: October 2023**

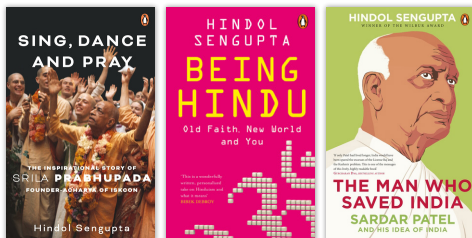
**Territory: World**

**Price: Rs 699**

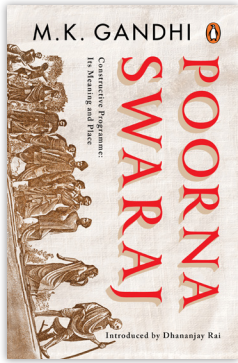
## The intellectual history of political Hinduism

Political Hinduism was once considered a sort of fringe ideology, shadowy and even misunderstood. Its ideas and narratives seemed, in popular discourse, to lack analytical rigour and were easily dismissed. But history shows that political Hinduism as an intellectual idea was a pioneering theme in India's nationhood. *Soul and Sword* traces the journey of political Hinduism from events that are critical to its self-narration and more contemporary electoral politics. It tries to understand the context and historical sources used to construct and promote political Hinduism's world view. From award-winning writer Hindol Sengupta, *Soul and Sword* is critical reading if you want to understand India's present and future.

**HINDOL SENGUPTA** is one of India's most awarded and read historians. He is the winner of the Wilbur Award, the Valley of Words prize and the PSF prize. He is the author of ten books and lives in New Delhi.







## POORNA SWARAJ

CONSTRUCTIVE PROGRAMME: ITS  
MEANING AND PLACE

### **M.K. GANDHI (INTRODUCED BY DHANANJAY RAI)**

**Imprint:** Vintage

**Format:** Demy/Hardback

**Page Extent:** 320

**ISBN:** 9780670098279

**Pub Month:** October 2023

**Territory:** World

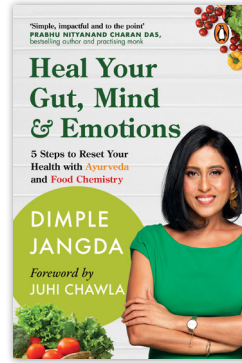
**Price:** Rs 599

**Brings to light Gandhi's vision to achieve  
complete independence for India**

*Poorna Swaraj* opens a window to Gandhi's vision of attaining complete Independence for India. With his ideas on communal unity, prohibition, emancipation of women, farmers' distress, removal of untouchability, demystification of leprosy, the role of village and small-scale industries, among others, the book chronicles Gandhi's roadmap for an egalitarian society.

**MAHATMA GANDHI**, lawyer, politician, social activist and writer, was perhaps one of the most iconic leaders of India's freedom movement.

**DHANANJAY RAI** is a visiting fellow (2022–24) at the CSDS, Delhi, and faculty at the Centre for Gandhian Thought and Peace Studies, Gandhinagar.



## HEAL YOUR GUT, MIND & EMOTIONS

5 STEPS TO RESET YOUR HEALTH WITH  
AYURVEDA AND FOOD CHEMISTRY

### **DIMPLE JANGDA**

**Imprint:** Ebury Press

**Format:** Demy/Paperback

**Page Extent:** 228

**ISBN:** 9780143463320

**Pub Month:** October 2023

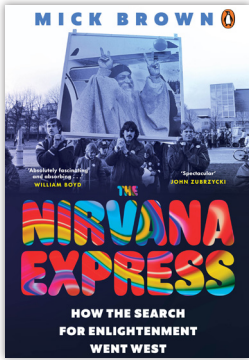
**Territory:** World

**Price:** Rs 399

**A comprehensive guide to healing the gut using  
principles of Ayurveda and modern science**

With the gut as a central axis of good health, health coach Dimple Jangda has helped people all over the world recover from chronic diseases by applying a powerful combination of ancient ayurvedic science, modern research and nutrition with a special emphasis on food chemistry.

**DIMPLE JANGDA** started Prana Healthcare Centre in 2017 with a team of Ayurvedic doctors, therapists and biotech researchers. She has received several honours, including Asia Iconic awards, Business World—Future Masters, Times brand icon and honorary doctorates from the Thames University in Paris and the National American University.



## NIRVANA EXPRESS

HOW THE SEARCH FOR  
ENLIGHTENMENT WENT WEST

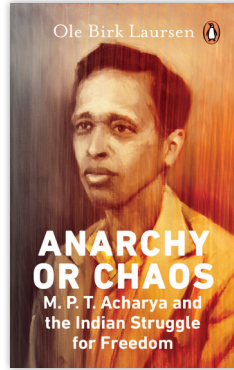
### MICK BROWN

**Imprint:** Vintage  
**Format:** Royal/Paperback  
**Page Extent:** 368  
**ISBN:** 9780143464174  
**Pub Month:** October 2023  
**Territory:** Indian Subcontinent  
**Price:** Rs 799

The captivating story of the West's love affair with Indian spirituality—from the orientalism of the British Empire to modern counterculture

Journalist Mick Brown's vivid account charts this eccentric history of Western obsession with Indian faith, through a curious cast of scholars, seekers, charlatans and saints. From bestselling epic poems on the Buddha to murder plots, magic and the occult, *The Nirvana Express* is an exhilarating, sometimes troubling journey through the West's search for enlightenment.

**MICK BROWN** writes regularly for the *Daily Telegraph*. His books include *The Spiritual Tourist: A Personal Odyssey Through the Outer Reaches of Belief* and *The Dance of 17*.



## ANARCHY OR CHAOS

M.P.T. ACHARYA AND THE INDIAN  
STRUGGLE FOR FREEDOM

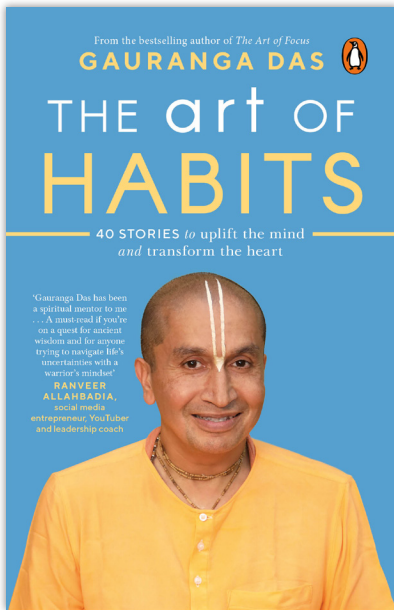
### OLE BIRK LAURSEN

**Imprint:** Vintage  
**Format:** Demy/Hardback  
**Page Extent:** 368  
**ISBN:** 9780670098606  
**Pub Date:** October 2023  
**Territory:** Indian Subcontinent  
**Price:** Rs 699

The first biography of an extraordinary political thinker at the heart of India's struggles against colonial and domestic oppression

In this fascinating biography of the Indian revolutionary M.P.T. Acharya (1887–1954), Ole Birk Laursen uncovers the remarkable transnational networks, movements and activities of one of India's most important anticolonial anarchist. Drawing on a wealth of archival material, private correspondence and other sources, the book offers a new understanding of the global and entangled history of anarchism and anticolonialism in the first half of the twentieth century.

**OLE BIRK LAURSEN** is an affiliated research fellow at the Leibniz-Zentrum Moderner Orient, Berlin. His research focuses on South Asian history, anticolonialism and anarchism in the nineteenth and twentieth centuries. He is the editor of a collection of essays by M.P.T. Acharya, *We Are Anarchists*.



# THE ART OF HABITS

40 STORIES TO UPLIFT THE MIND  
AND TRANSFORM THE HEART

**GAURANGA DAS**

**Imprint: Penguin Ananda**

**Format: B/Paperback**

**Page Extent: 256**

**ISBN: 9780143452751**

**Pub Month: October 2023**

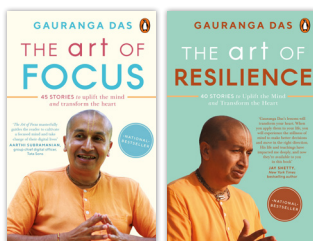
**Territory: World**

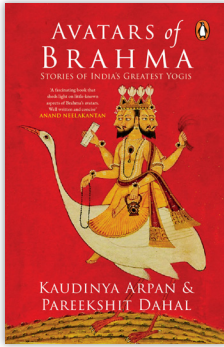
**Price: Rs 250**

**The last book in the Yoga series by renowned ISKCON guru Gauranga Das**

Forty simple stories filled with deep revelations. While *The Art of Resilience* presented ingredients for the reader to inculcate resilience in challenging situations manifested at the beginning of the pandemic, *The Art of Focus* inspired the resilient heart to develop a focused mind during the multiple Covid waves. Now, *The Art of Habits* provides ideas for the focused reader to cultivate conducive and sustainable habits to adapt with the paradigm shift created by the pandemic, instilling in the reader a resolute mindset to handle multiple such unexpected transformative events in the future.

**GAURANGA DAS** is an IIT engineer-turned-monk, leadership consultant, corporate coach and inspirational speaker. He is involved in the leadership and organizational development of ISKCON in various capacities, including Temple Development and Systems and Administration of ISKCON temples worldwide. He is also a Presidential board member of the ISKCON Chowpatty temple and a trustee of ISKCON GBC College meant for creating the next generation of ISKCON leaders.





## AVATARS OF BRAHMA

STORIES OF INDIA'S GREATEST YOGIS

**KAUDINYA ARPAN** and  
**PAREEKSHIT DAHAL**

**Imprint:** Ebury Press

**Format:** B/Paperback

**Page Extent:** 224

**ISBN:** 9780143460350

**Pub Month:** October 2023

**Territory:** World

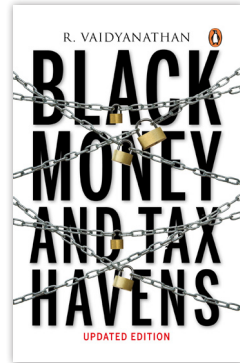
**Price:** Rs 299

**A fascinating book that sheds light on little-known aspects of Brahma's avatars**

The Puranas mention that Lord Brahma becomes an avatar whenever Lord Vishnu comes to Earth to establish Dharma, and it is in the Dasam Granth that the avatars are actually listed. In this book, the authors—who run the popular website Scientific Monk—delve into the lives of each avatar, their works and the philosophies they presented.

**KAUDINYA ARPAN** is a traditional meditation practitioner and researcher of AI in environment and public health. He runs the popular website Scientific Monk.

**PAREEKSHIT DAHAL** is a medical student with a keen interest in exploring and writing about culture, spirituality and metaphysics.



## BLACK MONEY AND TAX HAVENS

**R. VAIDYANATHAN**

**Imprint:** Penguin Books

**Format:** B/Paperback

**Page Extent:** 272

**ISBN:** 9780143459446

**Pub Date:** October 2023

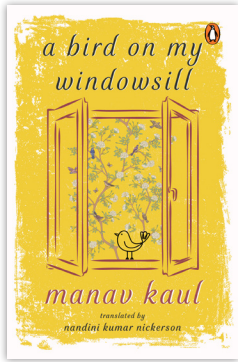
**Territory:** World

**Price:** Rs 399

**A 360-degree view of black money**

Just how much black money is there in India? Domestic black money is estimated to be at least 10 per cent of India's GDP every year. In 2021–22, with a GDP of Rs 250 lakh crore, the black money could be estimated at Rs 25 lakh crore. In this work, R. Vaidyanathan provides a brief overview of black money—its generation, its estimates and how and why it is spirited away to tax havens.

**R. VAIDYANATHAN** is a retired professor of finance from the Indian Institute of Management Bangalore. Currently, he is Cho Ramaswamy Chair Professor in Public Policy at Sastra University, Tanjore, Tamil Nadu, and emeritus adjunct professor at Rashtriya Raksha University (RRU), an institution of national importance located in Ahmedabad.



## A BIRD ON MY WINDOWSILL

**MANAV KAUL, NANDINI  
KUMAR NIKERSON (Tr.)**

**Imprint:** Ebury Press  
**Format:** B/Hardback  
**Page Extent:** 200  
**ISBN:** 9780143464624  
**Pub Date:** October 2023  
**Territory:** World  
**Price:** Rs 499

**A kaleidoscope of memories, thoughts and events woven in a word-tapestry**

Known for writing silences and articulating dreams, Manav Kaul sifts through the past in this book, delves into the present and talks about all the creative impulses, writing, directing theatre and acting that have made him who he is.

Beautifully symbolic, this book is a rich tapestry of thoughts and feelings, of todays and tomorrows, of being alone and seeking loneliness.

**MANAV KAUL**, born in Baramulla, Kashmir, has been an integral part of the film world, acting, directing and writing for the past twenty years.



## iPARENT

A WITTY MUSTREAD FOR ALL PARENTS  
RAISING DIGITAL

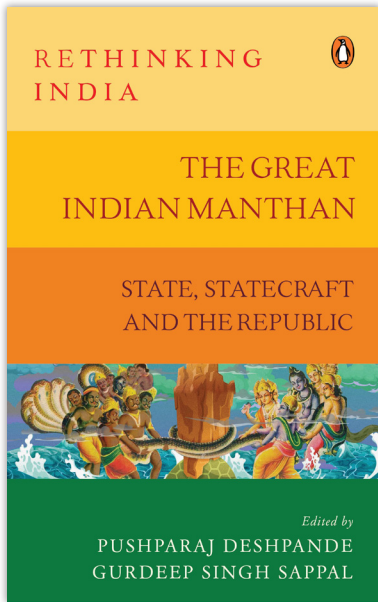
**NEHA J. HIRANANDANI**

**Imprint:** Penguin Books  
**Format:** B/Paperback  
**Page Extent:** 280  
**ISBN:** 9780143449744  
**Pub Date:** October 2023  
**Territory:** World  
**Price:** Rs 299

**Essential reading for parents**

Born into a digital wonderland, our children are practically mini hackers right from the crib! Most of them were handed a device before they could walk, they clicked before they took their first bite and scrolled before they said their first words. But living online is a giant uncontrolled experiment. Cyberbullying, Internet addiction, body dysmorphia and other digital villains lurk in the shadows. How can parents ensure their kids navigate the digital world safely when there's no rulebook?

**NEHA J HIRANANDANI** has spent the last two decades working on development issues, with a focus on gender equity in various organizations, including the United Nations.



# THE GREAT INDIAN MANTHAN

STATE, STATECRAFT AND THE REPUBLIC

**PUSHPARAJ DESHPANDE** and  
**GURDEEP SINGH SAPPAL (Eds.)**

**Imprint:** Vintage

**Format:** Demy/Hardback

**Page Extent:** 344

**ISBN:** 9780670093038

**Pub Month:** November 2023

**Territory:** World

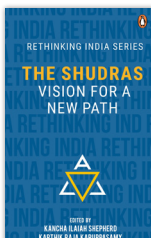
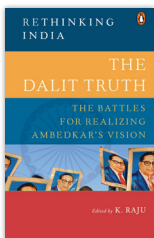
**Price:** Rs 699

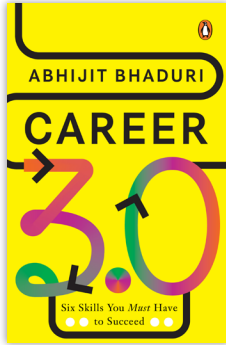
## On reviving India's state institutions to ensure a free, fair and equal society

India is rapidly becoming the world's largest flailing democracy. Our institutional framework has been systematically undermined from within and without. In the tenth volume of the Rethinking India series, some of India's most eminent persons write of how we can think of re-engineering India's hardware (redressing structural flaws in India's existing institutions, creating new institutions equipped to address fresh challenges and re-engaging all of India's systems) as well as ensuring progressive forces radically reinvent their political strategies and operational methodologies to socialize Indians to constitutional values.

**PUSHPARAJ DESHPANDE** is the managing trustee and director of Samruddha Bharat. He is the series editor of the Rethinking India series (Penguin) and the Reshaping India series (Routledge).

**GURDEEP SINGH SAPPAL** is the All India Congress Committee's in-charge (administration) and adviser to the Congress president. He was the officer on special duty to the former vice president of India, Hamid Ansari.





## CAREER 3.0

SIX SKILLS YOU NEED TO SUCCEED

**ABHIJIT BHADURI**

**Imprint: Viking**

**Format: B/Hardback**

**Page Extent: 280**

**ISBN: 9780670099641**

**Price: Rs 399**

**Pub Month: November 2023**

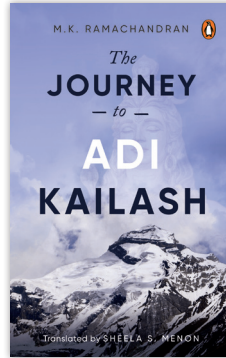
**Territory: World**

**Brave new thinking about careers for a brave new generation**

What does it mean to have a career in the twenty-first century?

We need to master the rules of Career 3.0—the new model that is attracting people from eighteen to eighty. In *Career 3.0*, Abhijit Bhaduri, a globally renowned expert on driving a successful career, shows you how to develop the six key skills that will make you future-ready in workspaces.

**ABHIJIT BHADURI** is a talent management practitioner with experience across various sectors. He is the head of global learning and development for Microsoft. As the first chief learning officer for Wipro, Abhijit has designed global initiatives to develop leadership at all levels.



## THE JOURNEY TO ADI KAILASH

**M.K. RAMACHANDRAN,  
SHEELA S. MENON (Tr.)**

**Imprint: Ebury Press**

**Format: Demy/Paperback**

**Page Extent: 408**

**ISBN: 9780143461340**

**Pub Date: November 2023**

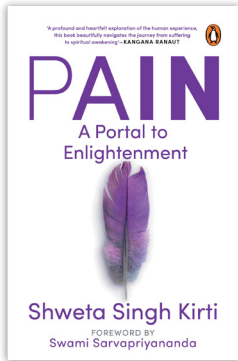
**Territory: World**

**Price: Rs 599**

**A translation of a unique travelogue that has been a bestseller in Malayalam**

Bestselling author M.K. Ramachandran is well known for his unique travelogues. Not only does he beautifully recount his journey but he also delves into history and culture. *The Journey to Adi Kailash* is no different. While detailing his trek to one of the most revered mountains of India, Ramachandran includes interpretations of our history, culture and traditions.

**M.K. RAMACHANDRAN** is a bestselling writer from Kerala. He has dedicated his life to travelling in the Himalayas and is perhaps the only pilgrim to have visited all five Kailash.



## PAIN

A PORTAL TO ENLIGHTENMENT

**SHWETA SINGH KIRTI**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 246**

**ISBN: 9780143461364**

**Pub Date: November 2023**

**Territory: World**

**Price: Rs 399**

No human is unacquainted with the concept of pain. A universal experience, it is inescapable.

Shweta Kirti's pain has been, unfortunately, very public, because of the death of her thirty-four-year-old Bollywood actor brother Sushant Singh Rajput.

Synthesizing science, spirituality and philosophy, *Pain: A Portal to Enlightenment* is an invitation to embark on a transformative journey to find inner peace and fulfilment no matter what life throws at you.

**SHWETA SINGH KIRTI** attended the National Institute of Fashion Technology and pursued fashion design for several years. Post an MBA, her penchant for business and love for spirituality culminated in a passion project called Damara Kids, where she teaches mindfulness and meditation techniques to children.



## BUDDHA IN LOVE

BUILDING HEALTHY AND LASTING PARTNERSHIPS

**GEETANJALI PANDIT**

**Imprint: Penguin Ananda**

**Format: B/Paperback**

**Page Extent: 288**

**ISBN: 9780143457787**

**Pub Date: November 2023**

**Territory: World**

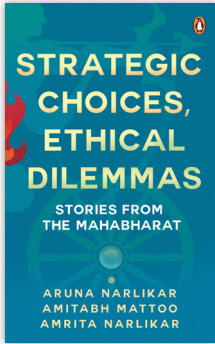
**Price: Rs 299**

*Buddha in Love* teaches a simple, new way to approach relationships

A short-lived abusive marriage, a divorce and the subsequent emotional, mental and social fallout forced Geetanjali Pandit to question all her assumptions about romance and relationships. Based on the Buddha's teachings, *Buddha in Love* is infused with the real-life experiences of others and anchored in practical wisdom. It guides, nudges and supports you to find solutions to heartbreak, disappointment in love and the quest for lasting partnerships.

**GEETANJALI PANDIT** is an alumnus of Xavier School of Management Jamshedpur and Lesley University, Cambridge, USA. Her career in human resources spans over twenty-two years.





## STRATEGIC CHOICES, ETHICAL DILEMMAS

STORIES FROM THE MAHABHARAT

**ARUNA NARALIKA, AMITABH  
MATTOO** and  
**AMRITA NARALIKA**

**Imprint:** Vintage

**Format:** Demy/Paperback

**Page Extent:** 160

**ISBN:** 9780143459750

**Pub Date:** November 2023

**Territory:** World

**Price:** Rs 399

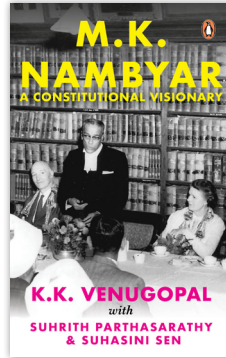
**Learn winning strategies for modern-day problems through the age-old wisdom of the Mahabharata**

Is it possible to win and still keep one's soul? The Mahabharat tells us we can. This book shares some of the epic's stories and the practical wisdom they offer for our personal and public lives. This is an essential read for all those seeking to put the world to rights and will provide some tasty food for thought for those who enjoy riddles.

**ARUNA NARLIKAR** is an author, poet and artist, currently based in Germany.

**AMITABH MATTOO** is professor of international relations at Jawaharlal Nehru University.

**AMRUTA NARALIKA** is president of the German Institute for Global and Area Studies.



## M.K. NAMBYAR

A CONSTITUTIONAL VISIONARY

**K.K. VENUGOPAL**

**Imprint:** Ebury Press

**Format:** Demy/Hardback

**Page Extent:** 272

**ISBN:** 9780670099801

**Pub Date:** November 2023

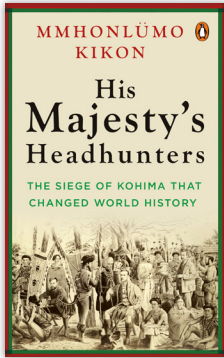
**Territory:** World

**Price:** Rs 599

**A peek into the life of one of India's greatest constitutional lawyers**

This book is an attempt to preserve in perpetuity the life of one of India's greatest constitutional lawyers, M.K. Nambyar. Written by his son and a legal luminary himself, K.K. Venugopal, this biography provides a fascinating account of Mr Nambyar's life.

**K.K. VENUGOPAL** is one of India's most distinguished lawyers. He is a senior advocate in the Supreme Court of India and former attorney general for India.



## HIS MAJESTY'S HEADHUNTERS

THE SIEGE OF KOHIMA THAT  
CHANGED THE WORLD

**MMHONLUMO KIKON**

**Imprint: Vintage**

**Format: Demy/Hardback**

**Page Extent: 256**

**ISBN: 9780670096831**

**Pub Date: November 2023**

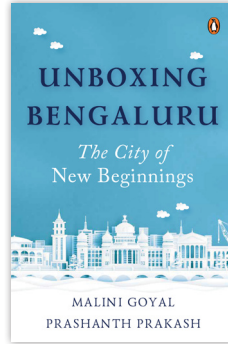
**Territory: World**

**Price: Rs 599**

Considering game-changing events that redefined world history and that of India during World War II, this book opens a window to our understanding of the Kohima War

Providing a unique viewpoint of the Nagas, this book uncovers the untold story of the Battle of Kohima, reputed as one of the more celebrated battles of D-Day and often referred to as the Stalingrad of the East by western scholars. Historians even say that this was the last real battle of the British Empire and the first battle of the new India.

**MMHONLUMO KIKON**, an Aspen Fellow, is an Indian politician, poet and former social worker from Nagaland.



## UNBOXING BENGALURU

THE CITY OF NEW BEGINNINGS

**MALINI GOYAL** and  
**PRASHANTH PRAKASH**

**Imprint: Vintage**

**Format: Royal/Hardback**

**Page Extent: 340**

**ISBN: 9780670098521**

**Pub Date: November 2023**

**Territory: Indian Subcontinent**

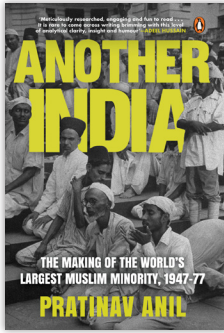
**Price: Rs 699**

The first-ever deep dive into India's most global city—Bengaluru

Bengaluru is the prime architect of India's 'tech-tonic' rise and while the tech industry serves as the backdrop, the book is about Bengaluru, the city that has been irrevocably and dramatically transformed over the last four decades. This is the story of the city's journey from pensioner's paradise and the land of cyber coolies to India's Silicon Valley and start-up capital.

**MALINI GOYAL** has been a deep-dive business journalist with India's leading publications—the *Economic Times*, *India Today* and *Forbes* magazine—since 1994.

**PRASHANTH PRAKASH** is a founding partner of the global venture capital firm Accel Partners in India. He began his career as an entrepreneur in the 1990s and since 2004, has played a key role as a venture capitalist in nurturing India's start-up landscape.



## ANOTHER INDIA

THE MAKING OF THE WORLD'S  
LARGEST MUSLIM MINORITY, 1947-77

**PRATINAV ANIL**

**Imprint: Viking**

**Format: Demy/Hardback**

**Page Extent: 458**

**ISBN: 9780670099665**

**Pub Month: November 2023**

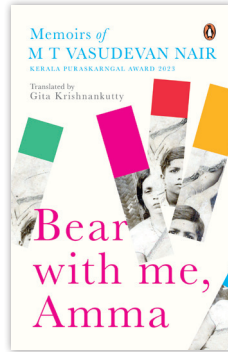
**Territory: Indian Subcontinent**

**Price: Rs 999**

**The story of the world's biggest religious  
minority in post-Independence India**

Weaving together vivid biographical portraits of a wide range of Indian Muslims—elite and subaltern, secular and clerical, activist and apolitical—this book brings the experience of the country's Muslims under a single focus; and, by throwing light on the Indian Muslims' condition during the first thirty years after Independence, it reflects on the true character of democratic India.

**PRATINAV ANIL** is a lecturer in history at St. Edmund Hall, University of Oxford, and co-author of *India's First Dictatorship*.



## BEAR WITH ME, AMMA

MEMOIRS OF M.T. VASUDEVAN NAIR

**M.T. VASUDEVAN NAIR**

**Imprint: Hamish Hamilton**

**Format: Demy/Hardback**

**Page Extent: 248**

**ISBN: 9780670097906**

**Pub Month: November 2023**

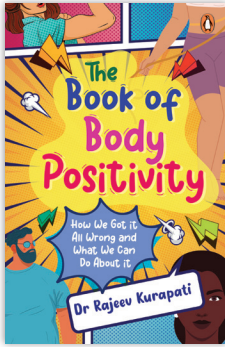
**Territory: World**

**Price: Rs 599**

**Memoirs of one of the most illustrious writers  
and film-makers from modern Kerala**

M.T. Vasudevan Nair's work has won him the Jnanpith Award, the Sahitya Akademi Award, the National Film Award and the Padma Bhushan, among others. MT, as he is popularly known, grew up in the village of Kudallur in Kerala, and his writings constantly evoke the landscape of the years he spent there. Many of the characters in his stories are based on people who lived in this region, and the stories themselves often retell the incidents that happened there. The memoirs as well as the stories in this volume were chosen by MT himself.

**M.T. VASUDEVAN NAIR** has written novels, short stories, screenplays, travelogues, literary criticism and books for children. He was awarded the Jnanpith in 1996 and the Padma Bhushan in 2005.



## THE BOOK OF BODY POSITIVITY

HOW WE GOT IT ALL WRONG AND WHAT WE CAN DO ABOUT IT

**DR RAJEEV KURAPATI**

**Imprint:** Ebury

**Format:** B/Paperback

**Page Extent:** 272

**ISBN:** 9780143461326

**Pub Date:** November 2023

**Territory:** World

**Price:** Rs 499

**A penetrating critique of the body-shaming medical industry and an astute guide on plus-sized people's health and wellness**

Have you ever been bullied for being overweight? At every turn, society insists you should 'apologize for simply living in your body'. *The Book of Body Positivity* explains why the measures to control the so-called 'obesity epidemic' have failed and offers solutions towards a healthier planetary future.

Triple-board certified, and specializing in obesity and lifestyle medicine, **DR RAJEEV KURAPATI** is the medical director of integrative oncology at St. Elizabeth Healthcare, Kentucky, USA.



## FIGHTING RETREAT

WINSTON CHURCHILL AND INDIA

**WALTER REID**

**Imprint:** Viking

**Format:** Demy/Hardback

**Page Extent:** 328

**ISBN:** 9780670094868

**Pub Month:** November 2023

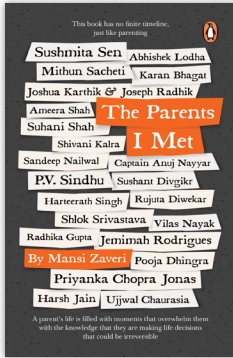
**Territory:** Indian subcontinent

**Price:** Rs 499

**The story behind Winston Churchill's complicated stance against Indian Independence**

Winston Churchill was closely connected with India from 1896, when he landed in Bombay with his regiment, until 1947, when Independence was finally achieved. No other British statesman had such a long association with the Subcontinent—or interfered in its politics so consistently and harmfully. This book reveals Churchill at his worst: cruel, obstructive and selfish. However, the same man was outstandingly liberal at the Colonial Office, risking his career with his generosity to the Boers, the Irish and the Middle East. Why was he so strangely hostile towards India?

**WALTER REID** is a historian educated at the universities of Oxford and Edinburgh, a fellow of the Royal Historical Society, and the author of a number of acclaimed books on British politics and history, including *Keeping the Jewel in the Crown: The British Betrayal of India*.



## THE PARENTS I MET

**MANSI ZAVERI**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 296**

**ISBN: 9780143459743**

**Pub Date: November 2023**

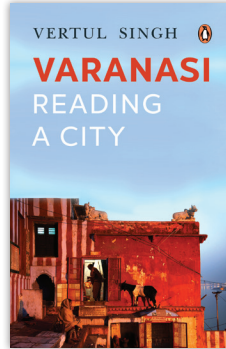
**Territory: World**

**Price: Rs 399**

**A compilation of interviews with parents of celebrities**

Featuring interviews conducted by Mansi Zaveri, *The Parents I Met* is an anthology of her authentic conversations with parents of successful individuals who made it big against all odds. What was it that they did right while raising their kids to create the person their child is today? This is what she sets out to find.

**MANSI ZAVERI** is the founder and CEO of India's most trusted discovery platform for parenting and childcare, [kidsstoppress.com](http://kidsstoppress.com), which boasts a digital reach of 20 million people per month.



## VARANASI

READING A CITY

**VERTUL SINGH**

**Imprint: Vintage**

**Format: Demy/Hardback**

**Page Extent: 304**

**ISBN: 9780670098408**

**Pub Month: December 2023**

**Territory: World**

**Price: Rs 699**

**An illuminating account of the spiritual capital of India, Varanasi**

A kaleidoscopic view of the city, *Varanasi* charts a narrative that spans from the city's origins as Kashi to the fin de siècle spiritual capital of the tenth, eighteenth and nineteenth centuries to present-day Banaras. It assesses the city's inclusionary development and looks at it as a cultural and pilgrimage centre, an opulent trading hub and a basilica of political power. Weaving facts and interesting anecdotes to make a rich tapestry, this book is an unparalleled portrait of the city.

**VERTUL SINGH** was commissioned in the Indian Army and left as captain when he was selected for the CISF in the 1994 batch of the UPSC.



# I HAVE THE STREETS

A KUTTY CRICKET STORY

**R. ASHWIN** and  
**SIDHARTH MONGA**

**Imprint: Ebury Press**

**Format: Royal/Hardback**

**Page Extent: 288**

**ISBN: 9780670094745**

**Pub Month: December 2023**

**Territory: World**

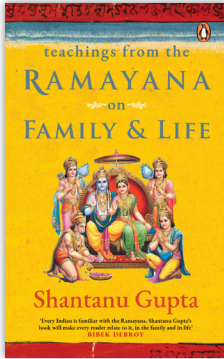
**Price: Rs 699**

## **An intimate account of the making of an international cricketing sensation**

R. Ashwin is arguably the greatest matchwinner for India in Test cricket. The fastest man to 300 Test wickets, he has also won a World Cup in ODI cricket. In T20 cricket, he has won two IPL titles and a Champions League T20. He is a feisty off spinner and more than a handy batsman. But that's only half the tale. How does a champion sportsman view the world? What drives him on and off the field? One of the more articulate and thoughtful cricketers out there, R. Ashwin tells his story in this book.

**R. ASHWIN** is an Indian international cricketer. He plays for Tamil Nadu in domestic cricket and for Rajasthan Royals in the IPL.

**SIDHARTH MONGA** covers cricket for the website Cricinfo.



## TEACHINGS FROM THE RAMAYANA

ON FAMILY AND LIFE

**SHANTANU GUPTA**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 224**

**ISBN: 9780143461463**

**Pub Month: December 2023**

**Territory: World**

**Price: Rs 299**

**Wisdom from the Ramayana for  
harmonious family**

Narrating the story of the Ramayana, this book offers quintessential life lessons for a harmonious family. It includes real-time family scenarios for readers to engage with. Teachings from the Ramayana is a must-have guide on family life that draws on the wisdom and philosophical insights of the great epic.

**SHANTANU GUPTA** is the founder of The Ramayana School, where he teaches life lessons from the Ramayana to families across the globe.



## BECOMING GOAN

A CONTEMPORARY COMING-HOME  
STORY

**MICHELLE BAMBAWALE**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 304**

**ISBN: 9780143462361**

**Pub Month: December 2023**

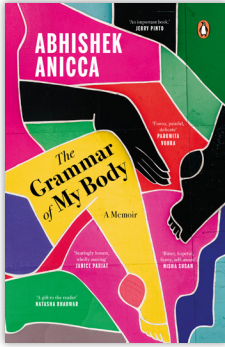
**Territory: Indian Subcontinent and SEA**

**Price: Rs 399**

**A charming memoir of the author's Goan  
roots, written in a provocative, tongue-in-  
cheek style**

Written as a conversation with herself, *Becoming Goan* captures BambaWale's struggle with her Goan identity. It will make you think deeply and laugh loudly about who and what constitutes this wild, beautiful paradise. What really is Goa and what does it mean to be Goan? These are the questions that the book aims to answer.

**MICHELLE MENDONÇA BAMBAWALE** is a professional educator, an amateur photographer and a passionate environmentalist.



## THE GRAMMAR OF MY BODY

A MEMOIR

**ABHISHEK ANICCA**

**Imprint: Vintage**

**Format: B/Hardback**

**Page Extent: 264**

**ISBN: 9780670098453**

**Pub Month: December 2023**

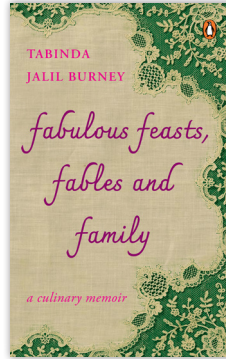
**Territory: World**

**Price: Rs 499**

**A stunning and honest account of living with disability and chronic illness**

Rejecting pressures of being 'inspirational', Abhishek Anicca writes about everyday stories of living with disability and chronic illness, through sparse and compelling essays on the self. He navigates questions of care, dignity, dating as a queer disabled man, fatness, living with a walker, pain and shame, lack of representation and nearing death.

**ABHISHEK ANICCA** is a bilingual (English and Hindi) writer, poet and spoken-word artist.



## FABULOUS FEASTS, FABLES AND FAMILY

A CULINARY MEMOIR

**TABINDA JALIL BURNEY**

**Imprint: Ebury Press**

**Format: Demy/Paperback**

**Page Extent: 220**

**ISBN: 9780143462316**

**Pub Month: December 2023**

**Territory: World**

**Price: Rs 399**

**This richly textured culinary memoir conjures the vanished world of 1960s and 1970s India**

Combining recipes and memories, Tabinda Jalil Burney looks back on the idyllic summers of her childhood, which she spent with her grandparents in Aligarh. Each chapter is written around a dish but is full of anecdotes, family lore and entertainment, ending with a recipe.

**TABINDA JALIL BURNEY** is a writer, translator and doctor working in the National Health Service, UK.





## ADVANTAGE AYURVEDA

YOUR GUIDE TO UNDERSTANDING  
THIS ANCIENT SCIENCE FOR EVERY-  
DAY USE

### VICRAM SHARMA

**Imprint:** Penguin Ananda

**Format:** B/Paperback

**Page Extent:** 256

**ISBN:** 9780143455301

**Pub Month:** December 2023

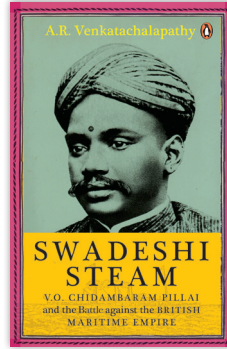
**Territory:** World

**Price:** Rs 350

#### How to live holistically, the Ayurveda way

In this book, the author distils wisdom from his legacy of the Baidyanth pharmacopeia and creates an easy-to-understand guide to Ayurveda, its principles, and how one can incorporate them and benefit from them in one's day-to-day life. It presents a holistic and multidimensional approach to living in a healthy and balanced manner.

**VICRAM SHARMA** is the president and CEO of the Baidyanath group.



## SWADESHI STEAM

V.O. CHIDAMBARAM PILLAI AND THE  
BATTLE AGAINST THE BRITISH MARITIME  
EMPIRE

### A.R. VENKATACHALAPATHY

**Imprint:** Allen Lane

**Format:** Demy/Hardback

**Page Extent:** 304

**ISBN:** 9780670099597

**Pub Month:** December 2023

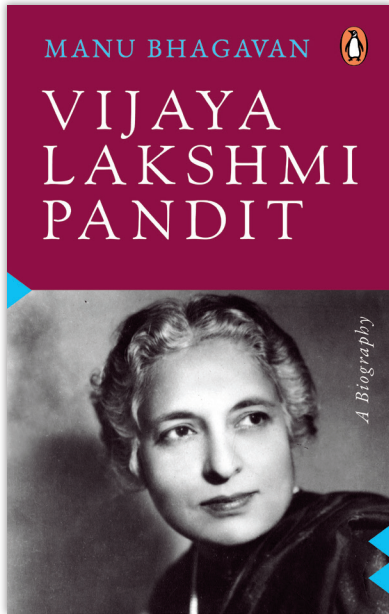
**Territory:** World

**Price:** Rs 799

#### The inspiring saga of a pioneering enterprise

*Swadeshi Steam* provides an exciting, day-by-day account of the rise and fall of the Swadeshi Steam Navigation Company, which had arisen to challenge Britain's domination of global freight and passenger traffic through its merchant marine and navy. Based on four decades of research across the world, it is a story of inspiring heroism and tragedy.

**A.R. VENKATACHALAPATHY** is a Tamil writer, historian and professor at the Madras Institute of Development Studies, Chennai.



# VIJAYA LAKSHMI PANDIT

A BIOGRAPHY

**MANU BHAGAVAN**

**Imprint: Allen Lane**

**Format: Royal/Hardback**

**Page Extent: 400**

**ISBN: 9780670089475**

**Pub Month: December 2023**

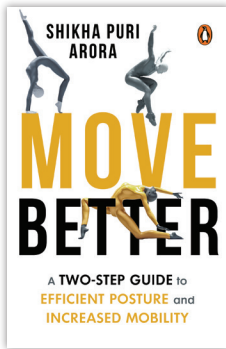
**Territory: World**

**Price: Rs 799**

## The definitive biography of Vijaya Lakshmi Pandit

Marlon Brando called her the woman he admired most. Ordinary American men gave up watching football to come and hear her speak. Her life straddled the twentieth century, and her story intertwined with that of the modern world. Pandit was a pioneering politician and diplomat celebrated internationally for her brilliance, charm and glamour. She was India's first woman cabinet minister, first ambassador to the United Nations and the Soviet Union, the first-ever woman ambassador to the United States and the first woman elected president of the UN General Assembly. Based on eight years of research and drawing on material in five languages from seven countries and over forty archives, this definitive biography is essential reading.

**MANU BHAGAVAN** is a historian and the author/editor of seven other books including *India and the Cold War*.



## MOVE BETTER

A TWO-STEP GUIDE TO EFFICIENT  
POSTURE AND INCREASED MOBILITY

**SHIKHA PURI ARORA**

**Imprint: Penguin Books**

**Format: B/Paperback**

**Page Extent: 336**

**ISBN: 9780143458142**

**Pub Month: December 2023**

**Territory: World**

**Price: Rs 350**

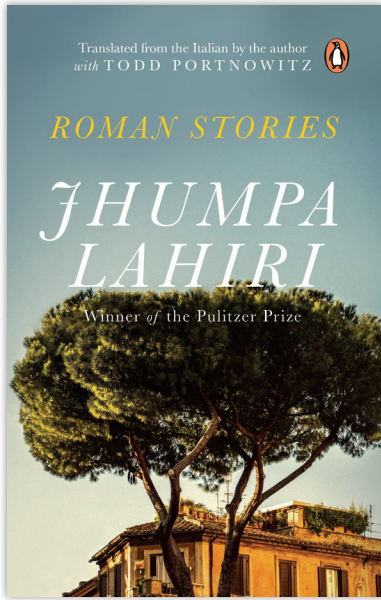
### The definitive guide to living better

Have you woken up one day and noticed that your knee is hurting suddenly? Do you go through days managing spasms and sprains that you can't really explain? And, all of this, despite the fact that you exercise regularly and have a fitness schedule? The problem might be in how you move or how you sit, says popular rehab and movement coach Shikha Puri Arora. In this practical and timely book, the Mumbai-based expert argues that the way we move, sit, stand, walk and carry ourselves reveals a lot about the quality of our health.

**SHIKHA PURI ARORA** is a rehab and movement coach.



**FICTION**



# ROMAN STORIES

**JHUMPA LAHIRI**

**Imprint: Hamish Hamilton**

**Format: Demy/Hardback**

**Page Extent: 224**

**ISBN: 9780670097241**

**Pub Date: October 23**

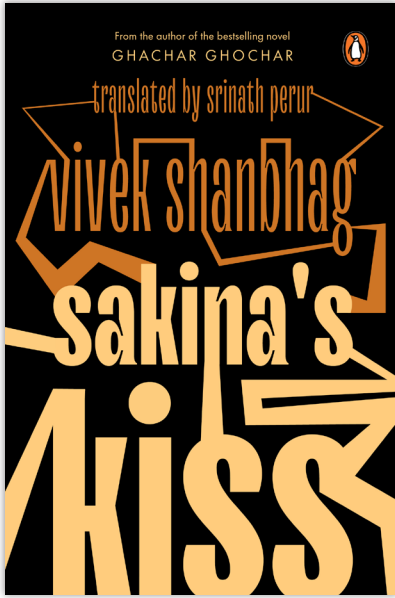
**Territory: India (exclusive) and Nepal (non-exclusive)**

**Price: Rs 499**

## A new short-story collection by the Pulitzer Prize-winning author

Rome—metropolis and monument, suspended between past and future, multifaceted and metaphysical—is the protagonist, not the setting, of these nine stories in the first short-story collection by the Pulitzer Prize-winning master of the form since her number-one *New York Times* bestseller *Unaccustomed Earth*. These are splendid, searching stories, written in Jhumpa Lahiri's adopted language of Italian and seamlessly translated by the author and Knopf editor Todd Portnowitz. They are stories steeped in the moods of Italian master Alberto Moravia and guided in the concluding tale, by the ineluctable ghost of Dante Alighieri, whose words lead the protagonist toward a new way of life.

**JHUMPA LAHIRI**, a bilingual writer and translator, is the Millicent C. McIntosh Professor of English and director of creative writing at Barnard College, Columbia University. She received the Pulitzer Prize in 2000 for *Interpreter of Maladies*, her debut story collection. She is also the author of *The Namesake*, *Unaccustomed Earth* and *The Lowland*, which was a finalist for both the Man Booker Prize and the National Book Award in fiction.



## SAKINA'S KISS

**VIVEK SHANBHAG,  
SRINATH PERUR (TRS.)**

**Imprint: Vintage**

**Format: Demy/Hardback**

**Page Extent: 194**

**ISBN: 9780670098835**

**Pub Month: October**

**Territory: Indian subcontinent**

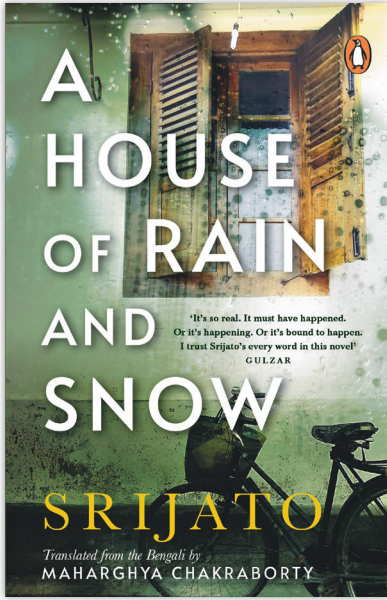
**Price: Rs 499**

**Deceit and betrayal. A seedy underworld and dirty journalism. And a middle-class family whose life is turned upside down**

Venkat answers urgent knocks on the door to his flat one evening to find two insolent young men claiming to have business with his daughter Rekha. He deals with them shortly, only to find his quiet, middle-class life upended by a bewildering set of events over the next few days. Even as Venkat is hurled into a world of street gangs and murky journalism, we see a parallel narrative unfold of a betrayal and disappearance from long ago. Could there be a connection? Set over four mostly sleepless days, we see Venkat lose grasp of the narrative even as he loses grasp of his wife and daughter. Exquisitely translated from the Kannada by Srinath Perur, *Sakina's Kiss* is a delicate, precise meditation on the persistence of old biases—and a rattled masculinity—in India's changing social and political landscape.

**VIVEK SHANBHAG** is a Kannada author, editor and playwright. His works include the widely translated *Ghachar Ghochar*. He is a Visiting Professor of Creative Writing at Ashoka University. He is an engineer by training and lives in Bengaluru.

**SRINATH PERUR** writes about science, travel and books among other things and translates from Kannada to English. He is the author of the travelogue *If It's Monday It Must Be Madurai* and the translator of *This Life at Play* and *Ghachar Ghochar*.



# A HOUSE OF RAIN AND SNOW

**SRIJATO, MAHARGHYA  
CHAKRABORTY (Tr.)**

**Imprint: Vintage**

**Format: B/Paperback**

**Page Extent: 208**

**ISBN: 9780143459804**

**Pub Date: October 2023**

**Territory: World**

**Price: Rs 399**

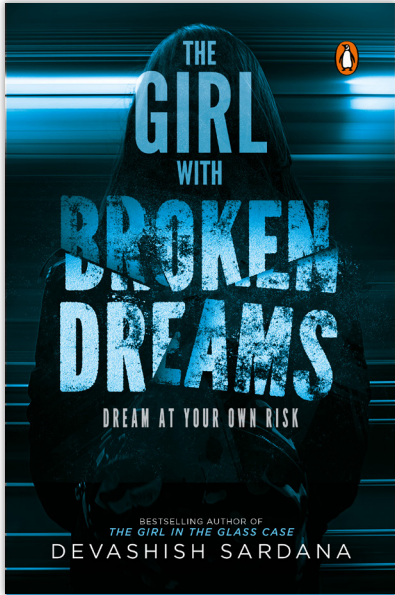
## **Magical and real. An astounding journey of a young poet**

Pushkar, an offspring of the most incredible of times, has next to nothing to call his own. In this all-pervading nothingness, he discovers his world of poems, which he desperately tries to hide from everyone.

*A House of Rain and Snow* is an astounding journey of a young poet.

**SRIJATO**, one of the most celebrated Bengali poet-lyricists of our times, was the recipient of Ananda Puraskar in 2004 for his book *Udanta Sawb Joker* (All Those Flying Jokers).

**MAHARGHYA CHAKRABORTY** is a well-known translator. He teaches at St. Xavier's College in Kolkata.



# THE GIRL WITH BROKEN DREAMS

DREAM AT YOUR OWN RISK

**DEVASHISH SARDANA**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 256**

**ISBN: 9780143463726**

**Pub Date: November 2023**

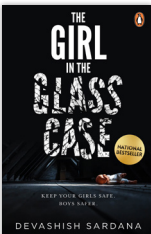
**Territory: World**

**Price: Rs 250**

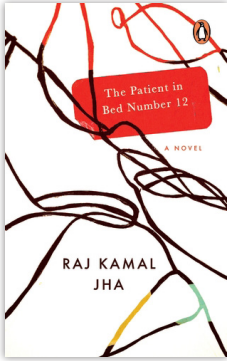
**A chilling psycho-thriller with a pulse-pounding final twist you won't see coming**

Five terminally ill, clinically depressed teens commit suicide in their hostel rooms locked from inside. Until one connected clue paints a different conclusion: murder. But how is the killer passing these murders as suicides inside locked rooms? Simone Singh, a feisty CBI investigator struggling with her own mental health issues, is charged with solving the case. Simone knows that time is running out as more teens start committing 'suicide' all over India. While Simone fights to corner the murderer, she doesn't know that she is falling right into the killer's well-laid trap. Can Simone take down the cunning killer before her own mental health brings her crashing down?

**DEVASHISH SARDANA** is the author of the national bestseller *The Girl in the Glass Case*. After graduating from IIM-Ahmedabad, he has sharpened his storytelling skills as a brand builder in P&G and L'Oréal for over twelve years.







## THE PATIENT IN BED NUMBER 12

**RAJ KAMAL JHA**

**Imprint:** Hamish Hamilton

**Format:** Demy/Hardback

**Page Extent:** 266

**ISBN:** 9780670099719

**Pub Date:** November 2023

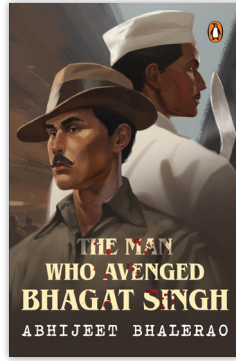
**Territory:** Indian Subcontinent

**Price:** Rs 599

**A hypnotic hymn to a nation close to completing a century of freedom**

Trapped in our echo chambers, when us versus them divides us all, *The Patient in Bed Number 12* holds a powerful premise: The lives of others are, in fact, our very own. And when scraps of text, photo and video script our lives and bandage our wounds, this novel, with its audacious form, becomes a testament to the healing power of imagination.

**RAJ KAMAL JHA** is the chief editor of the *Indian Express*. His fiction has been translated into more than a dozen languages.



## THE MAN WHO AVENGED BHAGAT SINGH

**ABHIJEET BHALERAO**

**Imprint:** Ebury Press

**Format:** B/Paperback

**Page Extent:** 368

**ISBN:** 9780143461616

**Pub Date:** December 2023

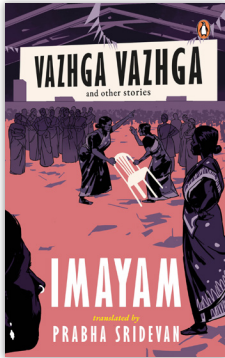
**Territory:** World

**Price:** Rs 499

**A riveting thriller about the man who avenged Bhagat Singh's death**

Bhagat Singh surrenders after throwing bombs in the assembly. From behind bars, he prepares to wage an ideological war against the empire. A trusted comrade, Phanindranath Ghosh, betrays him to become an approver, spilling every secret of the party for greed. After the death of the legend, Phanindra lives on shamelessly, enjoying accolades and protection from the British crown. Then a young revolutionary rises from the shadows. An unassuming teacher, Baikunth Shukul, who considers Bhagat Singh an idol, swears to exact retribution.

**ABHIJEET BHALERAO** is an author, translator, speaker and visual artist. He has been recognized for his research in Shaheed Bhagat Singh's jail notebook and for his Marathi translation of it.



## VAZHGA VAZHGA AND OTHER STORIES

**IMAYAM, PRABHA  
SRIDEVAN (Tr.)**

**Imprint:** Ebury Press

**Format:** B/Paperback

**Page Extent:** 224

**ISBN:** 9780143461869

**Pub Date:** December 2023

**Territory:** World

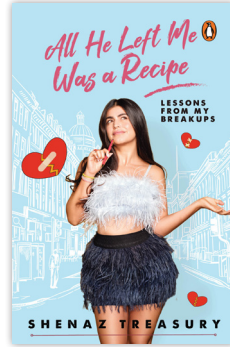
**Price:** Rs 399

A collection of stories from award-winning author Imayam

This collection comprises one novella, '*Vazhga Vazhga*' (meaning 'long live'), and two short stories: 'Tirunercu Sami' and 'Samban: Son of Krishna'. The novella is a satirical look at political rallies—in the story, a party man gathers crowds from his village to attend a rally to be attended by his leader. We see the dynamics between the powerful and the powerless, between men and women.

**IMAYAM** is the pen name of V. Annamalai, a school teacher and a writer. He has been honoured with several awards, including the Tamil Nadu State Award (2010), Iyal Lifetime Achievement Award (2018) and the Sahitya Akademi award (2020).

**PRABHA SRIDEVAN** was a judge of the Madras High Court from 2000–2010.



## ALL HE LEFT ME WAS A RECIPE

LESSONS FROM MY BREAKUPS

**SHENAZ TREASURY**

**Imprint:** Ebury Press

**Format:** B/Paperback

**Page Extent:** 330

**ISBN:** 9780143429487

**Pub Date:** December 2023

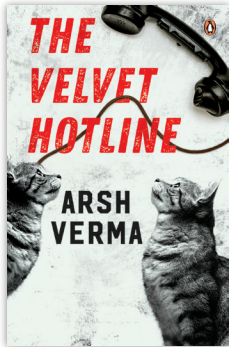
**Territory:** World

**Price:** Rs 299

Actor and vlogger Shenaz Treasury makes her writing debut with a sassy collection of short stories

Part-fact, part-fiction, this book is a candid and humorous collection of short stories inspired by Shenaz Treasury's hilarious, and at times grief-stricken encounters with members of the opposite sex. From funny to heartbreaking to profound, the stories range from her first kiss to her first breakup and all the awkward moments in-between, with each story ending with an actual recipe (and the many life lessons) she was left with.

**SHENAZ TREASURY** is an actor, TV host, writer and travel vlogger.



## THE VELVET HOTLINE

**ARSH VERMA**

**Imprint:** Ebury Press  
**Format B/Paperback**  
**Page Extent:** 304  
**ISBN:** 9780143463603  
**Pub Date:** December 2023  
**Territory:** World  
**Price:** Rs 299

**The suspense thriller debut of the year**

Ayingbi Mayengbam, a kind-hearted kindergarten teacher, wants to occupy herself with meaningful work over the school summer vacation. She volunteers as a call operator at Merry Euphrosyne, a suicide hotline, but is frustrated by its detached, corporate approach towards callers. She is soon offered a position at another crisis hotline where she is permitted to attend to the more vulnerable clients in person, lending a human touch to the process. However, the risks of the job, as Ayingbi soon discovers, go far beyond encountering the occasional deviant or clingy basket case.

**ARSH VERMA** is a 2017-batch Haryana cadre IPS officer. He is an alumnus of St. John's High School, Chandigarh, and Hindu College, University of Delhi. Besides writing, he enjoys drawing comics and playing golf.



## ALL THAT SIZZLES

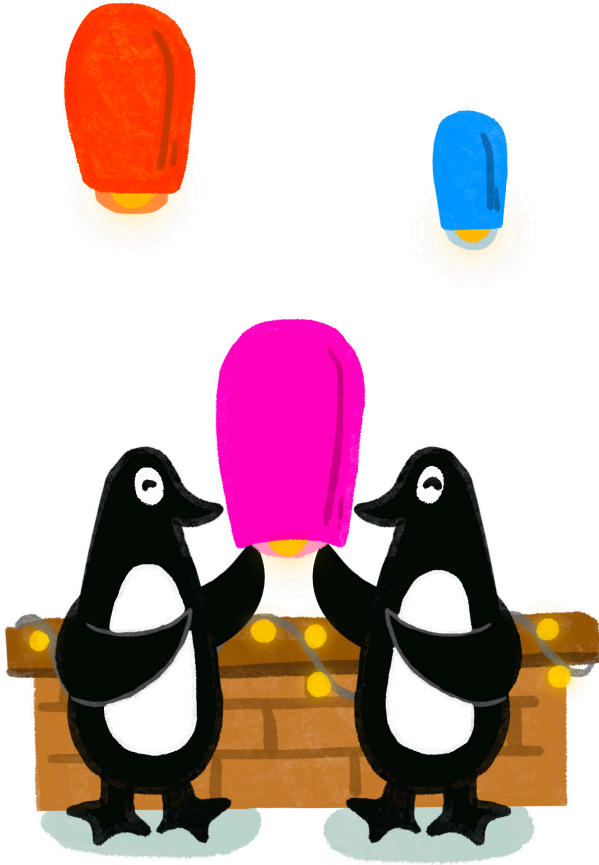
**SAKSHAMA PURI DHARIWAL**

**Imprint:** Penguin Books  
**Format:** B/Paperback  
**Page Extent:** 272  
**ISBN:** 9780143464563  
**Pub Date:** December 2023  
**Territory:** Indian Subcontinent  
**Price:** Rs 299

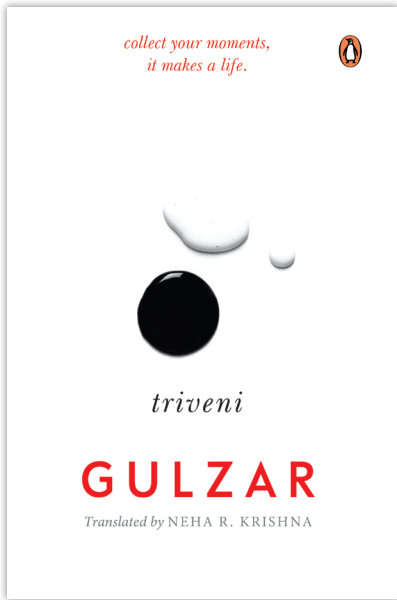
**A spicy meet-cute that will delight your rom-com palate!**

Wedding planner Tanvi Bedi is all fired up about her latest project, the \$100 million wedding of a media heiress. The only hitch is her high-profile client's wishlist chef, Nik Shankar. Weddings are a complete no-no for Nik, but there must be something—or someone—he can't resist. When fate stirs the pot, Nik Shankar's lifelong dream of inheriting his ancestral home is in jeopardy due to his estranged grandfather's absurd caveat—Nik must get married to claim the property. When Tanvi storms into his office, an inconceivable solution presents itself: Nik will craft the wedding if Tanvi pretends to be his fiancée. ...Can they handle the heat?

**SAKSHAMA PURI DHARIWAL** is the critically acclaimed author of *The Wedding Photographer* and *Man of Her Match*. She was born in New Delhi and raised in a loud Punjabi family on whom she often bases (and blames) her characters.



POETRY



# TRIVENI

**GULZAR, NEHA R.  
KRISHNA (Tr.)**

**Imprint: Hamish Hamilton**

**Format: Demy/Hardback**

**Page extent: 196**

**ISBN: 9780670098224**

**Pub date: October 2023**

**Territory: World**

**Price: Rs 499**

**These poems from one of India's most beloved poets will stay with you for the rest of your life**

In *Triveni* are birds perched on branches, moonstruck musings, a house of straws, walking roses and unbridled desires of the heart. The poems are inhabited by lost lovers, unreturned books and bloodsucking rumours. A poetic form unique to Gulzar, *Triveni* is a confluence of three of India's majestic rivers—the golden-hued Ganges, the deep green Yamuna and a third, the mythical one that lies beneath the former two, the Saraswati.

A form Gulzar began experimenting with in the 1960s, *Triveni* comes close to several classical Japanese forms of poetry such as the Haiku, Senryu and Tanka. The closest Indian forms to *Triveni* are the *doha* and *shayari*. In this stunning translation by Neha R. Krishna, *Triveni* have been transcreated as tanka and are ladled with musicality, breaking away from the charm of rhyme and metre. This collection, too, is a confluence or *sangam* of forms and nothing short of a gift from one of India's most beloved poets.

**GULZAR** is one of India's towering poets as well as an acclaimed screenwriter, film director and lyricist.

**NEHA R. KRISHNA** is a poet and translator from Mumbai.



## RESTLESS LIVES

**HARISH BHAT**

**Imprint:** Ebury

**Format:** B/Hardback

**ISBN:** 9780143464655

**Page extent:** 116

**Pub month:** November 2023

**Territory:** World

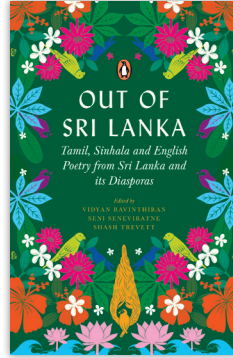
**Price:** Rs 399

Bestselling author Harish Bhat's first foray into poetry

The modern age is characterized by speed, impersonality and absurdity. It is easy to get caught up in the rush and forget the small things that string together to build the everyday.

*Restless Lives* offers an oasis of quiet contemplation. In this beautiful poetry collection, author Harish Bhat contemplates various aspects that make up daily life.

**HARISH BHAT**, currently the brand custodian at Tata Sons, has held many roles in the Tata Group over the past thirty-four years. An avid marketer, he has helped create many successful Tata brands. He writes extensively and is a columnist for *The Hindu Business Line* and *Mint*.



## OUT OF SRI LANKA

TAMIL, SINHALA AND ENGLISH POETRY  
FROM SRI LANKA AND ITS DIASPORAS

**VIDYAN RAVINTHIRAN,  
SENI SENEVIRATNE & SHASH  
TREVETT (Eds.)**

**Imprint:** Vintage

**Format:** Demy/Paperback with flaps

**Page extent:** 424

**ISBN:** 9780143464341

**Pub month:** December 2023

**Territory:** Indian Subcontinent

**Price:** Rs 599

The first ever anthology of Sri Lankan and diasporic featuring over a hundred poets

Sri Lanka has thrilled the foreign imagination as a land of infinite possibility. This collection brings to light a long-neglected national literature and reshapes our understanding of migrational poetics and the poetics of atrocity.

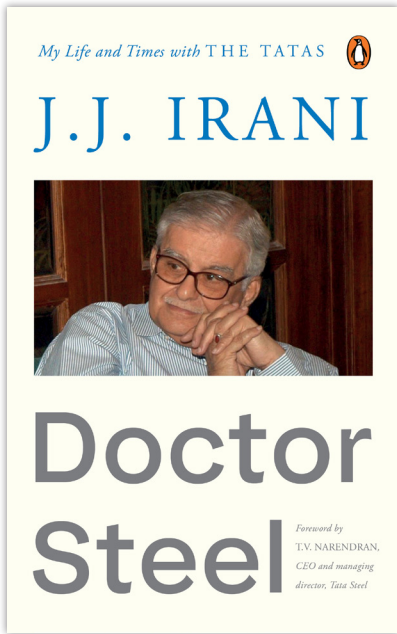
**VIDYAN RAVINTHIRAN**'s book of poems, *Grun-tu-molani* (2014), was shortlisted for the Forward Prize for Best First Collection.

**SENI SENEVIRATNE** is a writer of English and Sri Lankan heritage published by Peepal Tree Press.

**SHASH TREVETT** is a poet and a translator of Tamil poetry into English. Her pamphlet *From a Borrowed Land* was published in 2021 by Smith|Doorstop.



**BUSINESS**



## DOCTOR STEEL

MY LIFE AND TIMES WITH THE  
TATAS

**J.J. IRANI**

**Imprint: Penguin Business**

**Format: Demy/Hardback**

**Page Extent: 168**

**ISBN: 9780143464440**

**Pub Month: October 2023**

**Territory: World**

**Price: Rs 699**

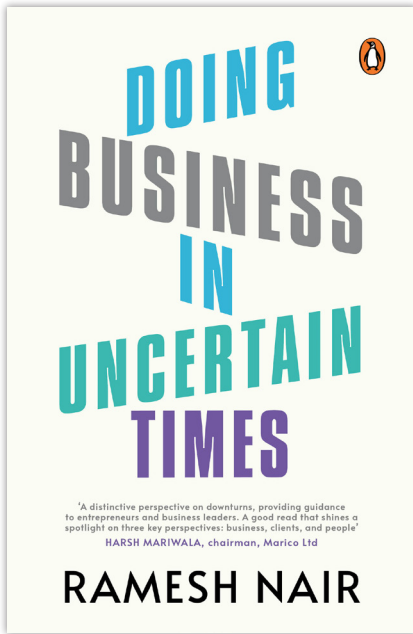
### The memoir of a pioneering figure in Indian business

Under J.J. Irani's leadership, Tata Steel ushered India into a new age of economic growth. A leading industrialist, Irani was keenly involved in the economic liberalization of the 1990s that put India on the global map. He was awarded the Padma Bhushan and an honorary knighthood by the British government for his work.

Behind this formidable exterior was a man with a big heart and a fondness for life. He was a man of integrity and conviction, devoted to Tata Steel and the people there. The chapters that make up *Doctor Steel*, dictated by Irani in the months before his passing, look back at this journey.

**J.J. IRANI** was the managing director of Tata Steel for forty-three years. He is survived by his wife, Daisy Irani, and children, Zubin, Niloufer and Tanaaz.





# DOING BUSINESS IN UNCERTAIN TIMES

**RAMESH NAIR**

**Imprint: Penguin Business**

**Format: B/Hardback**

**Page Extent: 240**

**ISBN: 9780143464457**

**Pub month: October**

**Territory: World**

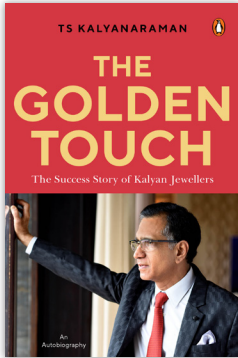
**Price: Rs 399**

## **A groundbreaking and useful handbook on navigating uncertainties and complexities of economic downturns**

Ramesh Nair is a veteran in steering organizations through the ebbs and flows of economic upheaval, including the daunting onslaught of Covid-19 and earlier, the debilitating 2008 economic downturn. For the first time, he has captured his expertise and extensive research into fifty pithy, thought-provoking chapters which provide Instrumental guidance to entrepreneurs and business leaders.

*Doing Business in Uncertain Times* offers a comprehensive exploration of the complexities and challenges faced during economic downturns. Evidence-based and solution-oriented, it emphasizes three key perspectives: business, clients and people. This ground-breaking book will teach you to unlearn and relearn, shun past notions, push limits, develop new strengths and realize the potential that lies within you.

**RAMESH NAIR** is one of the senior-most professionals in the Indian real estate industry with over twenty-five years of expertise, today helming Mindspace Business Parks REIT as its CEO.



## THE GOLDEN TOUCH

THE ICONIC STORY OF BUILDING  
KALYAN JEWELLERS

**T.S. KALYANARAMAN**

**Imprint: Penguin Business**

**Format: Royal/Hardback**

**Page Extent: 192**

**ISBN: 9780670098798**

**Pub Month: November**

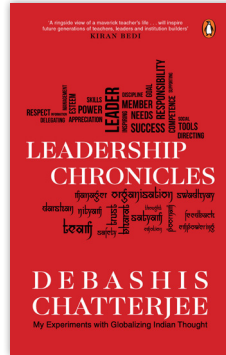
**Territory: World**

**Price: Rs 699**

The extraordinary story of one of India's largest homegrown jewellery brands—Kalyan Jewellers

*The Golden Touch* lays out the extraordinary story of Kalyan Jewellers and the life of its founder, T.S. Kalyanaraman. It is the personal account of a visionary who began humbly in Thrissur and set up one of the largest jewellery stores in the country—a Rs 17,000 crore behemoth employing over 8000 people.

**T.S. KALYANARAMAN** is the chairman and managing director of Kalyan Jewellers and Kalyan Developers.



## LEADERSHIP CHRONICLES

MY EXPERIMENTS WITH GLOBALIZING  
INDIAN THOUGHT

**DEBASHIS CHATTERJEE**

**Imprint: Penguin Business**

**Format: Demy/Hardback**

**Page Extent: 256**

**ISBN: 9780670098651**

**Pub Month: November**

**Territory: World**

**Price: Rs 599**

An enlightening memoir of the director of  
IIM Kozhikode

This book explores Professor Chatterjee's leadership philosophy—beginning with breaking the biases around the idea of globalizing Indian thought—and how it worked well in the organizations he transformed. This is an unusual take on leadership, and you see it in Professor Chatterjee's building of IIM Kozhikode and the various lessons he draws from everyday figures.

**DEBASHIS CHATTERJEE** is the director at IIM Kozhikode.



## FAKE NEWS

SPOT IT STOP IT

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**GAURAV SOOD**

**Imprint: Penguin Business**

**Format: Demy/Paperback**

**Page Extent: 256**

**ISBN: 9780143461319**

**Pub Date: November 2023**

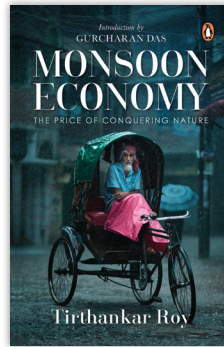
**Territory: World**

**Price: Rs 399**

**How fake news impacts individuals, brands, political parties, leaders and society**

This book analyses the impact of fake news both on products and personalities. Foregrounded in rigorous research, it examines how fake news is used by companies, political parties and leaders to create, amplify and even tarnish brand image and brand equity.

**GAURAV SOOD** is a professor of marketing at Amity University, Noida.



## MONSOON ECONOMY

THE PRICE OF CONQUERING NATURE

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**TIRTHANKAR ROY**

**Imprint: Penguin Business**

**Format: B/Paperback**

**Page Extent: 232**

**ISBN: 9780143463948**

**Pub Date: December 2023**

**Territory: Indian Subcontinent**

**Price: Rs 499**

**How interventions to mitigate climate-caused poverty and inequality in India came at a cost to environmental sustainability.**

This book explores the interaction between the environment and the economy in the emergence of modern India and analyses the adverse effects of economic development on nature.

**TIRTHANKAR ROY** is a professor of economic history at the London School of Economics and Political Science.



# BREAKING THE MOULD

REIMAGINING INDIA'S  
ECONOMIC FUTURE

**RAGHURAM RAJAN** and  
**ROHIT LAMBA**

**Imprint Penguin Business**

**Format: Royal/Hardback**

**Page Extent: 304**

**ISBN: 9780670099894**

**Pub Month: December**

**Territory: Indian subcontinent**

**Price: Rs 799**

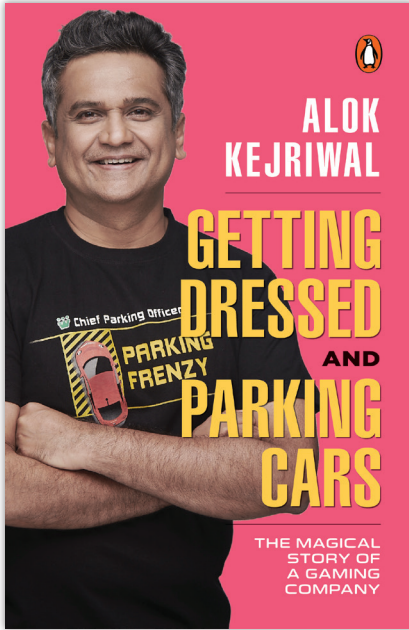
**An ambitious roadmap for India in the twenty-first century from bestselling author and former RBI governor Raghuram Rajan**

Where is India going today? Is it surging forward, having just overtaken the United Kingdom to become the fifth-largest economy in the world? Or is it flailing, unable to provide jobs for the millions joining the labour force?

India is at a precipice today, and it needs a vision of where it wants to get to, for that will determine the choices it needs to make. Raghuram Rajan and Rohit Lamba carefully examine the debate between the cheerleaders and critics on India's current trajectory and lay down the vision for India in the twenty-first century and how we can accelerate growth and precious human capital.

**RAGHURAM RAJAN** is an economist and the Katherine Dusak Miller Distinguished Service Professor of Finance at the University of Chicago's Booth School of Business.

**ROHIT LAMBA** is an economist at Pennsylvania State University.



# GETTING DRESSED AND PARKING CARS

THE MAGICAL STORY OF A GAMING COMPANY

**ALOK KEJRIWAL**

**Imprint: Penguin Business**

**Format: B/Paperback**

**Page Extent: 264**

**ISBN: 9780143459170**

**Pub Month: December**

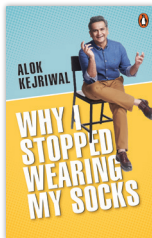
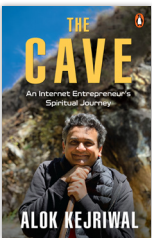
**Territory: World**

**Price: Rs 299**

Bestselling author of *Why I Stopped Wearing My Socks* returns with his inspiring new venture

*Getting Dressed and Parking Cars* recounts the part thrilling, part nerve-wracking journey of Alok Kejriwal's fourth entrepreneurial venture—'games2win'. Each chapter in the book is a real-life story that captures his experience of building and scaling this wobbling startup into a bonafide business. The result is an exhilarating rollercoaster ride with Kejriwal getting arrested, dealing with all the company's top games getting stolen, being sneaky and getting humbled in San Francisco, looking for a CTO and finding a spouse and living with regrets of missing out on tonnes opportunities. This is not simply a book about a successful start-up or entrepreneurship but celebrating the spirit of creating something new and getting started.

**ALOK KEJRIWAL** is a serial entrepreneur and bestselling author of *How I Stopped Wearing My Socks* and *The Cave*.





## SLIP, STUMBLE AND REFORM

THE STORY BEHIND INDIA'S FINANCIAL SECTOR REFORMS

**RAJRISHI SINGHAL**

**Imprint:** Penguin Business  
**Format:** Demy/Hardback  
**Page Extent:** 304  
**ISBN:** 9780670092116  
**Pub Date:** December 2023  
**Territory:** World  
**Price:** Rs 599

**The untold, fascinating story of the Indian economy's watershed moment**

This book narrates the untold story behind India's financial sector reforms and captures the journey of the financial sector since the 1991 annual budget.

**RAJRISHI SINGHAL** is a veteran journalist with years of experience in covering the financial sector.



## THE ELEPHANT MOVING

INDIA'S COMPETITIVENESS ODYSSEY

**AMITABH KANT** and **AMIT KAPOOR**

**Imprint:** Penguin Business  
**Format:** Demy/Hardback  
**Page Extent:** 372  
**ISBN:** To be issued  
**Pub Date:** December 2023  
**Territory:** World  
**Price:** Rs 799

**The story of many Indias**

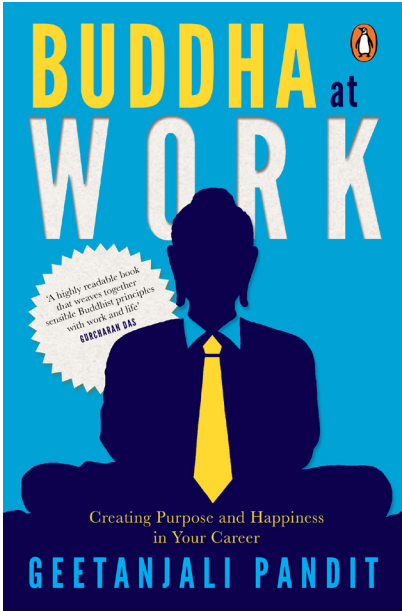
This book analyses the Indian economy through different phases since India's independence and provides a clear understanding of the country's achievements and the challenges it faces today.

**AMITABH KANT** is an Indian bureaucrat and was the second chief executive officer of NITI Aayog. He is currently India's G20 Sherpa.

**AMIT KAPOOR** is honorary chairman at the Institute for Competitiveness, India; visiting scholar at Stanford University; president of the India Council on Competitiveness and editor-in-chief of Thinkers.



**BACKLIST**



## **BUDDHA AT WORK**

CREATING PURPOSE AND  
HAPPINESS IN YOUR CAREER

**GEETANJALI PANDIT**

**Imprint: Penguin Ananda**

**Format: B/Paperback**

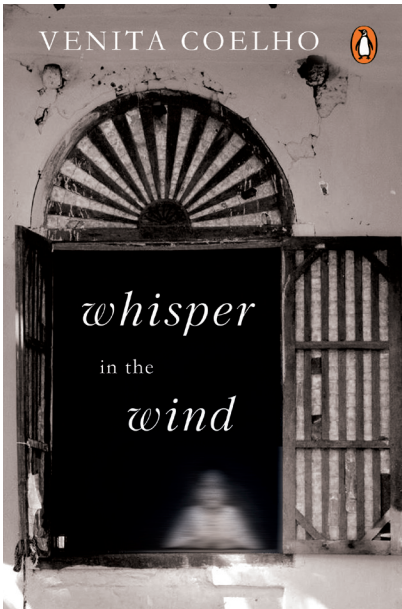
**Page Extent: 288**

**ISBN: 9780143462330**

**Pub Month: October**

**Territory: World**

**Price: Rs 299**



## **WHISPER IN THE WIND**

**VENITA COELHO**

**Imprint: Ebury Press**

**Format: B/Paperback**

**Page Extent: 256**

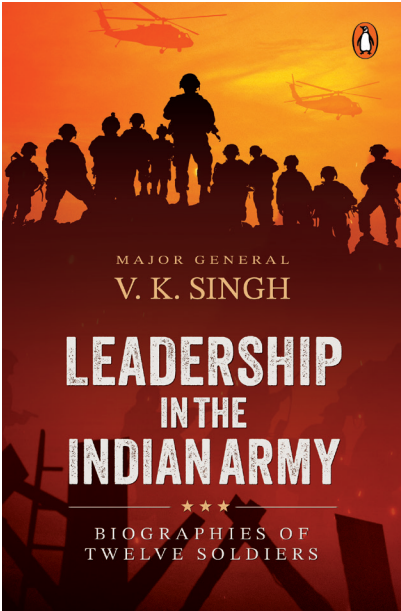
**ISBN: 9780143462330**

**Pub Month: October**

**Territory: Indian Subcontinent**

**Price: Rs 399**



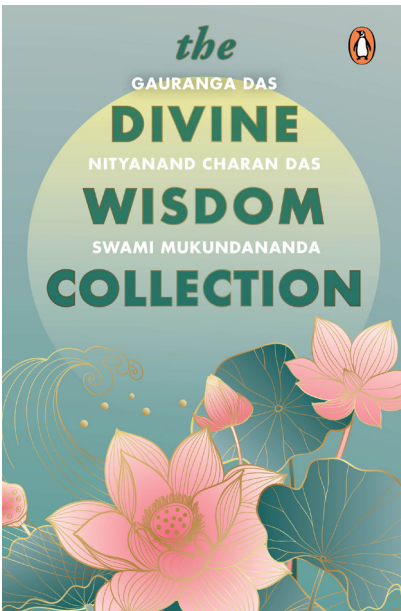


# LEADERSHIP IN THE INDIAN ARMY

BIOGRAPHIES OF TWELVE SOLDIERS

**V.K. SINGH**

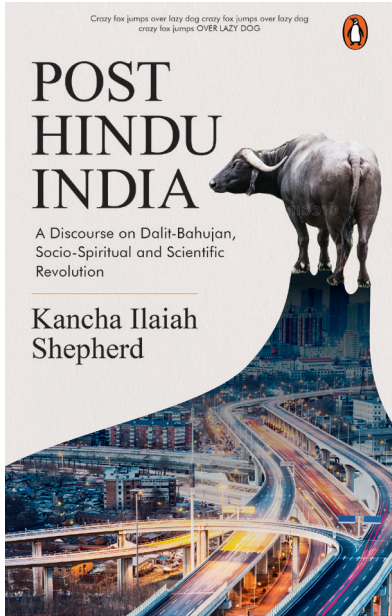
Imprint: Penguin Veer  
Format: Demy/Paperback  
Page extent: 419  
ISBN: 9780143462439  
Pub Month: November  
Territory: World  
Price: Rs 599



# THE DIVINE WISDOM COLLECTION

**SWAMI MUKUNDANANDA,  
GAURANGA DAS, NITYANAND  
CHARAN DAS**

Imprint: Penguin Ananda  
Format: B/Paperback  
Page Extent: 280+232+288  
ISBN: 9780143461111  
Pub Month: November  
Territory: Indian Subcontinent  
Price: Rs 899



## POST HINDU INDIA

A DISCOURSE ON DALIT-BAHUJAN,  
SOCIO-SPIRITUAL AND SCIENTIFIC  
REVOLUTION

**KANCHA ILAIAH SHEPHERD**

**Imprint: Vintage**

**Format: Demy/Paperback**

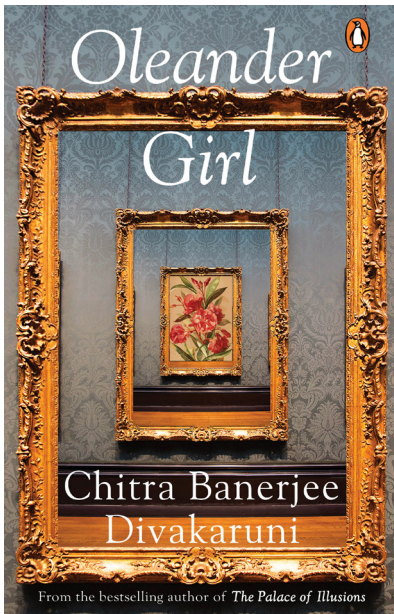
**Page Extent: 328**

**ISBN: 9780143461890**

**Pub Month: November**

**Territory: World**

**Price: Rs 499**



## OLEANDER GIRL

**CHITRA BANERJEE DIVAKARUNI**

**Imprint: Penguin Books**

**Format: B/Paperback**

**Page Extent: 304**

**ISBN: 9780143422495**

**Pub Month: November**

**Territory: Indian Subcontinent**

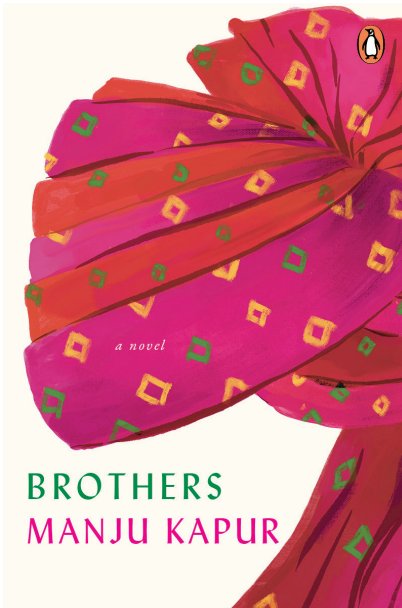
**Price: Rs 399**



# ONE AMAZING THING

**CHITRA BANERJEE DIVAKARUNI**

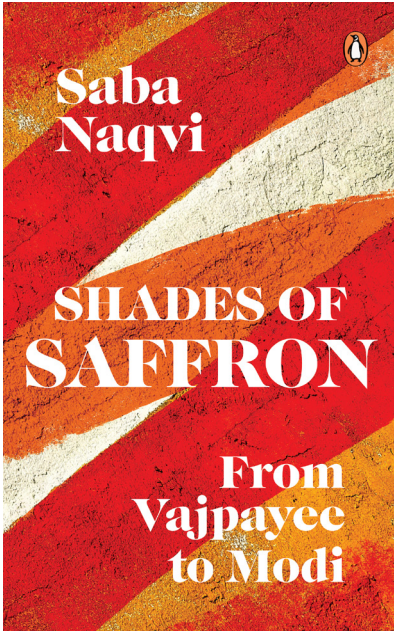
**Imprint:** Penguin Books  
**Format:** B/Paperback  
**Page Extent:** 224  
**ISBN:** 9780143416555  
**Pub Month:** November  
**Territory:** Indian Subcontinent  
**Price:** Rs 399



# BROTHERS

**MANJU KAPUR**

**Imprint:** Penguin Books  
**Format:** B/Paperback  
**Page Extent:** 384  
**ISBN:** 9780143429142  
**Pub Month:** November  
**Territory:** Indian subcontinent  
**Price:** Rs 399



## SHADES OF SAFFRON

FROM VAJPAYEE TO MODI

**SABA NAQVI**

Imprint: Vintage

Format: Demy/Paperback

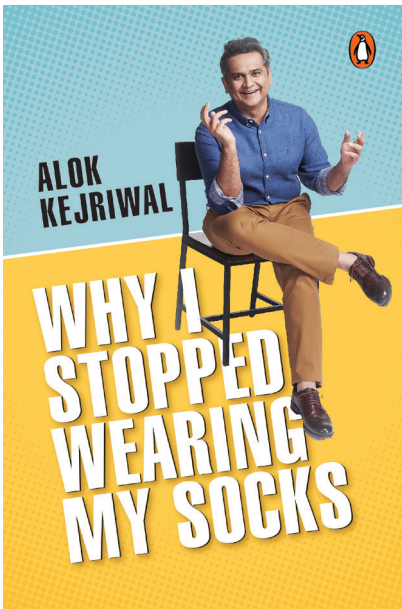
Page Extent: 288

ISBN: 9780143458548

Pub Month: December

Territory: World

Price: Rs 499



## WHY I STOPPED WEARING MY SOCKS

**ALOK KEJRIWAL**

Imprint: Penguin Business

Format: B/Paperback

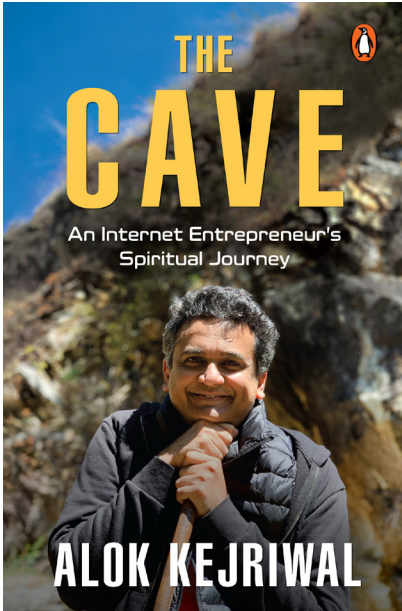
Page Extent: 240

ISBN: 9780143459088

Pub Month: December 2023

Territory: World

Price: Rs 299



## THE CAVE

AN INTERNET ENTREPRENEUR'S  
SPIRITUAL JOURNEY

**ALOK KEJRIWAL**

**Imprint: Penguin Business**

**Format: B/Paperback**

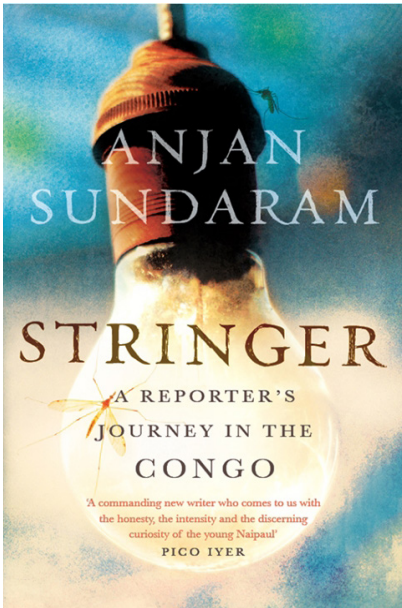
**Page Extent: 256**

**ISBN: 9780143459156**

**Pub Month: December**

**Territory: World**

**Price: Rs 399**



## STRINGER

A REPORTER'S JOURNEY IN THE  
CONGO

**ANJAN SUNDARAM**

**Imprint: Penguin Books**

**Format: B/Paperback**

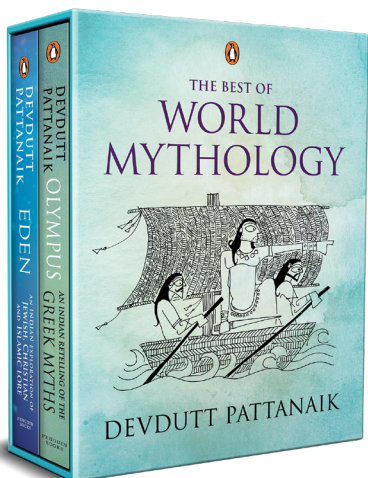
**Page Extent: 240**

**ISBN: 9781782392491**

**Pub Month: December**

**Territory:**

**Price: Rs 399**



## THE BEST OF WORLD MYTHOLOGY

**DEVDEUTT PATTANAIK**

**Imprint: Penguin Format:**

**Crown/Paperback**

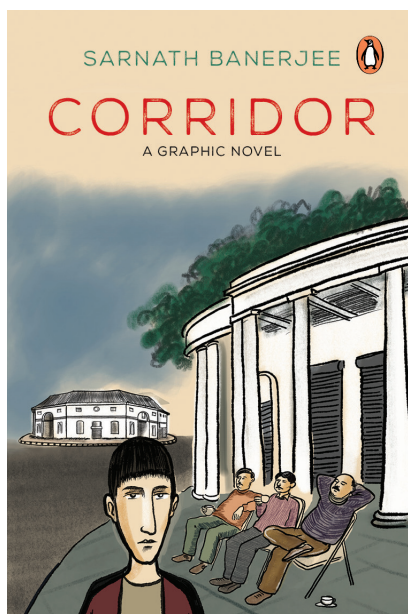
**Page Extent: 608**

**ISBN: 9780143464884**

**Pub Month: December**

**Territory:**

**Price: Rs 899**



## CORRIDOR

**SARNATH BANERJEE**

**Imprint: Penguin**

**Format: B/Paperback**

**Page Extent: 112**

**ISBN: 9780143031383**

**Pub Month: December**

**Territory: World**

**Price: Rs 299**

SARNATH BANERJEE



THE BARN  
OWL'S  
WONDROUS  
CAPERS

A GRAPHIC  
NOVEL



# THE BARN OWL'S WONDROUS CAPERS

**CHITRA BANERJEE DIVAKARUNI**

**Imprint: Penguin**

**Format: Special/Paperback**

**Page Extent: 279**

**ISBN: 9780144001088**

**Pub Month: December**

**Territory: World**

**Price: Rs 599**

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*Prakash Books India Pvt. Ltd*

#6/3, First Floor, Appareddy Complex  
Mysore Road (Near Gopalan Mall above  
Corporation Bank),  
Bengaluru 600 026  
Email: bangaloresales@prakashbooks.com

*India Books Distributors Ltd*

New No. 571 (Old Nos. 327 & 328)  
Second Floor, Kamaraj Bhavan  
Poonamalle High Road, Aminjikarai  
Chennai 600 029  
Email: customerservicechennai@ibd.co.in

*India Books Distributors Ltd*

3-2-870/3/5, First Floor  
VNR Commercial Complex  
Station Road, Kachiguda Hyderabad 500 027  
Email: saleshyderabad@ibd.co.in

*Prism Books Pvt. Ltd*

#411/3, First Floor, 'Sree Parameswar'  
Muttathil Lane, Kadavanthra  
Kochi 682 020  
Email: prismkochi@prismbooks.com



# Sales Managers

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### ANUJ SHARMA

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### RANJAN GUPTA

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### ASHISH SOOD

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### TRIBHUVAN SINGH

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(Tamil Nadu, Andhra Pradesh & Telangana)

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(Kerala)

### V.V. MADHU

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