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PENGUIN
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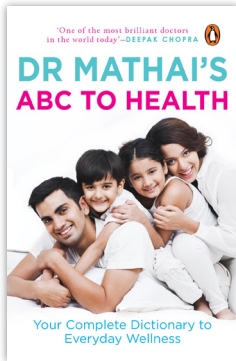
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NON-FICTION





DR MATHAI'S ABC TO HEALTH

ISSAC MATHAI

Imprint: Ebury Press

Format: B/PB

Page Extent: 256

ISBN: 9788184007893

Price: Rs 299

Pub Date: April 2023

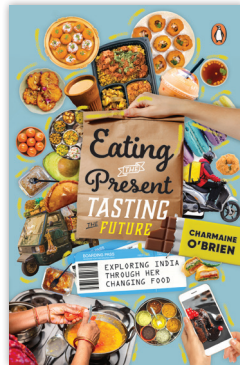
Territory: Indian Subcontinent

Your complete dictionary to everyday wellness

How often have you put off eating healthy food, starting those morning walks, hitting the gym or practising yoga because you are feeling well anyway?

Dr Mathai's ABC to Good Health tells you why you must not postpone all those good habits required for staying healthy and what could happen to you if you ignore your fitness quotient.

DR ISSAC MATHAI is a second-generation homeopathic physician and a world-renowned holistic health consultant.



EATING THE PRESENT, TASTING THE FUTURE

EXPLORING INDIA THROUGH HER
CHANGING FOOD

CHARMAINE O'BRIEN

Imprint: Penguin

Format: B/PB

Page Extent: 384

ISBN: 9780143450238

Price: Rs 399

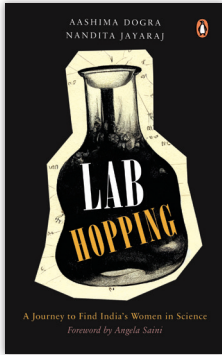
Pub Date: April 2023

Territory: World

**The one book to read to understand food in
India today**

India's food is one of its most remarkable features. But Indian cuisine is changing at a rapid rate beyond anyone's imagination. At a time when food and our relationship with it have become topics of increasing global interest, this book comes as an important work, offering a unique insight into a complex society.

CHARMAINE O'BRIEN has been writing on the history and culture of food for more than two decades and is the author of *The Penguin Food Guide to India*.



LAB HOPPING

WOMEN SCIENTISTS IN INDIA

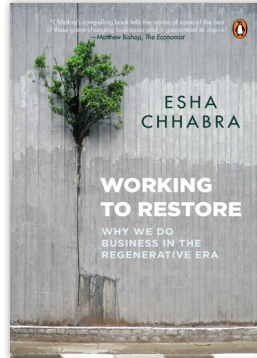
**AASHIMA DOGRA AND
NANDITA JAYARAJ**

Imprint: Viking
Format: Demy/HB
Page Extent: 304
ISBN: 9780670090990
Price: Rs 499
Pub Date: April 2023
Territory: World

Embark on this one-of-a-kind journey through India's science laboratories in pursuit of the true story behind the gender gap

Aashima Dogra and Nandita Jayaraj engage in thought-provoking dialogues about the triumphs and challenges faced by women, and offer fresh perspectives on the gender gap that continues to haunt Indian science today. The book is a comprehensive examination of the state of women in science and a road map for the way forward.

AASHIMA DOGRA and **NANDITA JAYARAJ** are freelance writers and editors.



WORKING TO RESTORE

WHY WE DO BUSINESS IN THE
REGENERATIVE ERA

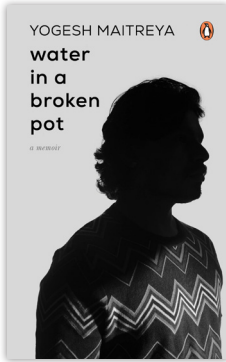
ESHA CHHABRA

Imprint: Viking
Format: Demy/HB
Page Extent: 256
ISBN: 9780670094035
Price: Rs 699
Pub Date: April 2023
Territory: Indian Subcontinent

A new and sustainable business blueprint for the twenty-first century

In *Working to Restore*, reporter Esha Chhabra uses her vast experience of reporting on sustainability to highlight pioneering grassroots entrepreneurs who are building new business blueprints in the twenty-first century. Working across the world, they are focused on rethinking, restructuring and regenerating. This book describes the challenges the world faces in each area and how business models are helping to solve these problems.

ESHA CHHABRA is a writer who covers sustainability, international development and the rise of mission-driven brands.



WATER IN A BROKEN POT

A MEMOIR

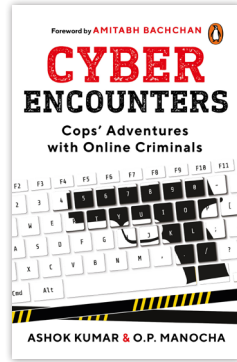
YOGESH MAITREYA

Imprint: Viking
Format: Demy/HB
Page Extent: 320
ISBN: 9780670095186
Price: Rs 499
Pub Date: April 2023
Territory: World

A book about longing, loss and finding oneself in the chaos that is life

Incredibly moving and hauntingly honest, *Water in a Broken Pot* is the memoir of Yogesh Maitreya, a leading independent Indian Dalit publisher, writer and poet. Encompassing experiences of pain, loneliness, deprivation, alienation and the political consciousness of his caste identity, this intimately moving memoir is a story of resilience and raw brutality.

YOGESH MAITREYA is a writer, poet, translator and publisher. He is the founder and editor of Panther's Paw Publication, dedicated to publishing literature by Dalit-Bahujan writers.



CYBER ENCOUNTERS

COPS' ADVENTURES WITH ONLINE CRIMINALS

ASHOK KUMAR AND O.P. MANOCHA

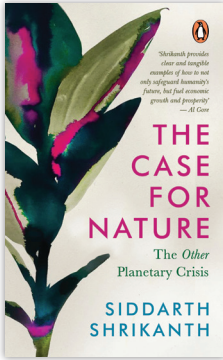
Imprint: Ebury Press
Format: B/PB
Page Extent: 256
ISBN: 9780143460275
Price: Rs 299
Pub Date: April 2023
Territory: World

Twelve cyber encounters from the state of Uttarakhand

As technology has evolved, so has crime. Digital technologies have brought with them a whole host of crimes committed online. *Cyber Encounters* delves deep into this nebulous cyberspace, to present twelve fascinating accounts of cybercrime based on true stories. Packed with information about the crime, its investigation and the apprehending of the criminals, this illuminating insider account is a must-read.

ASHOK KUMAR joined the IPS in 1989 and has served in various challenging assignments in UP and Uttarakhand.

O.P. MANOCHA has thirty-five years of experience at DRDO, the research wing of the Ministry of Defence, where he executed various defence projects.



THE CASE FOR NATURE

THE OTHER PLANETARY CRISIS

SIDDARTH SHRIKANTH

Imprint: Allen Lane

Format: Demy/HB

Page Extent: 304

ISBN: 9780670098439

Price: Rs 699

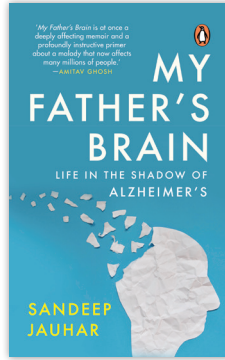
Pub Date: May 2023

Territory: Indian Subcontinent

A positive manifesto for regenerating our planet through the power of nature

In a world where carbon emissions and climate financing are rightly rising up the agenda, there exists another catastrophe that is often overlooked but is just as dire—the global collapse of our ecosystems. Siddarth Shrikanth's *The Case for Nature* presents a compelling vision for tackling this other planetary crisis by rethinking our relationship with nature in economic, social and even personal terms.

SIDDARTH SHRIKANTH studied conservation biology at Oxford. He gained a joint MPA/MBA from the Harvard Kennedy School and Stanford's Graduate School of Business, during which he co-founded a natural carbon removal start-up and consulted for the World Bank on environmental policy.



MY FATHER'S BRAIN

LIFE IN THE SHADOW OF ALZHEIMER'S

SANDEEP JAUHAR

Imprint: Viking

Format: Demy/HB

Page Extent: 256

ISBN: 9780670097913

Price: Rs 699

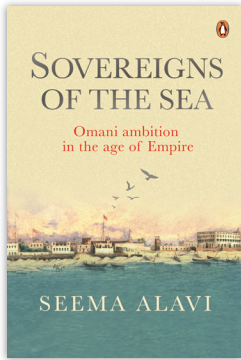
Pub Date: May 2023

Territory: Indian Subcontinent

A deeply affecting memoir of a father's descent into dementia, and a revelatory inquiry into why the human brain degenerates with age and what we can do about it

In this intimate memoir, rich with humour and heartbreak, distinguished physician and author Sandeep Jauhar sets his father's descent into Alzheimer's alongside his own journey towards understanding this disease and how it might best be coped with, if not cured. The result is a work of essential insight into dementia, and into how scientists, caregivers and all of us in an ageing society are reckoning with the fallout.

SANDEEP JAUHAR is director of the Heart Failure Program at Long Island Jewish Medical Center. He is the *New York Times* bestselling author of three medical memoirs and a contributing opinion writer at the *New York Times*.



SOVEREIGNS OF THE SEA

OMANI AMBITION IN THE AGE OF EMPIRE

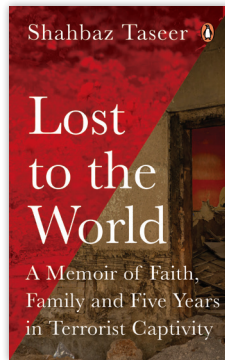
SEEMA ALAVI

Imprint: Allen Lane
Format: Royal/HB
Page Extent: 432
ISBN: 9780670096848
Price: Rs 999
Pub Date: May 2023
Territory: World

The ultimate account of the Sultans of Oman, their thrilling lives and political circumstances in the nineteenth century

This definitive book on the Sultans of Oman (patriarch Sultan Sayyid Said and his four sons) is a thrilling historical account of their action-packed battles, daring expeditions, epic triumphs and ingenious politics in the long nineteenth century. The book is engaging and academically rigorous, making it an ideal resource for anyone with an interest in the history of the Indian Ocean, the Middle East and South Asia.

SEEMA ALAVI is a professor of history at Ashoka University, India. Her most recent book is the Albert Hourani Award (Honourable Mention) winner, *Muslim Cosmopolitanism in the Age of Empire*, from Harvard University Press, USA.



LOST TO THE WORLD

A MEMOIR OF FAITH, FAMILY AND FIVE YEARS IN TERRORIST CAPTIVITY

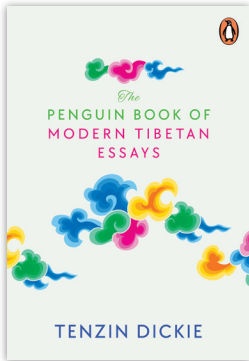
SHAHBAZ TASEER

Imprint: Viking
Format: Demy/HB
Page Extent: 296
ISBN: 9780670099498
Price: Rs 599
Pub Date: May 2023
Territory: Indian Subcontinent

Shahbaz Taseer's memoir of his five-year-long captivity at the hands of the Islamic Movement of Uzbekistan

In August 2011, Shahbaz Taseer was driving to his office in Lahore, Pakistan, when he was dragged from his car at gunpoint and kidnapped by a group of Taliban-affiliated terrorists. This is the remarkable true story of Taseer's time in captivity and of his astonishing escape. It is a story of extraordinary faith, bravery and sorrow, with moments of kindness, humour and empathy, which offered a hopeful light in the dark years of his imprisonment.

SHAHBAZ TASEER is a Pakistani businessman and the son of the late governor of Punjab, Pakistan. Taseer was held in captivity for almost five years and was recovered from Kuchlak, Balochistan, on 8 March 2016. His kidnapping was referred to by the *Guardian* as one of the highest-profile kidnappings in Pakistan.



THE PENGUIN BOOK OF MODERN TIBETAN ESSAYS

TENZIN DICKIE (ED.)

Imprint: Vintage
Format: Demy/HB
Page Extent: 320
ISBN: 9780670095124
Price: Rs 699
Pub Date: May 2023
Territory: World

A landmark addition to contemporary Tibetan letters

This unprecedented collection celebrates the art of the modern Tibetan essay and features essays by some of the best Tibetan writers working today in the Tibetan, English and Chinese languages, including Woese, Jamyang Norbu, Tsering Wangmo Dhompa, Pema Bhum and Lhashamgyal. There are essays on lost friends, stolen inheritances, prison notes and secret journeys from and to Tibet, as well as essays on food, the Dalai Lama's Gar dancer, love letters, lotteries and the prince of Tibet.

TENZIN DICKIE is a writer and translator. She is also the editor of *Old Demons, New Deities: Twenty-One Short Stories from Tibet*, an English-language anthology of modern Tibetan fiction.



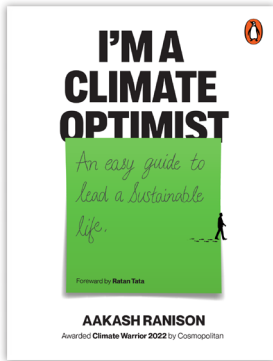
THE FELUDA JOURNAL SATYAJIT RAY

Imprint: Vintage
Format: B/PB
Page Extent: 182
ISBN: 9780143460589
Price: Rs 399
Pub Date: May 2023
Territory: World

The first-ever Feluda journal!

Felu, the super sleuth, is the nickname of Pradosh C. Mitter. Although Satyajit Ray wrote the Feluda stories for younger readers, it was found that they were being read by their parents as well. Soon, longer stories followed—novelettes—taking place in a variety of picturesque settings, from the historical setting of Lucknow—where Feluda solves the mystery of a diamond ring which once belonged to the Mughal emperor Aurangzeb—to the Blue Beryl of Kailash Chowdhury. This is the first-ever Feluda journal, which opens a window to unseen archived materials, illustrations and rare publicity stills created by Ray. A companion journal to scribble your thoughts, this collector's item brings to light the ever-popular adventures of Satyajit Ray's enduring creation, Feluda!

SATYAJIT RAY (1921–92), one of the greatest filmmakers of our time, received the Oscar for Lifetime Achievement by the Academy of Motion Picture Arts and Sciences in 1992. His writings for children, young adults and adults continue to attract readers across the world.



I'M A CLIMATE OPTIMIST

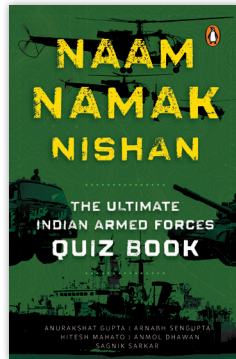
AAKASH RANISON

Imprint: Ebury Press
Format: B/PB
Page Extent: 528
ISBN: 9780143460428
Price: Rs 499
Pub Date: May 2023
Territory: World

The author was awarded the Climate Warrior of the Year 2022 title by *Cosmopolitan Magazine*

Whenever climate change as a topic comes up in a conversation, someone ends up saying, 'What can I do about it?' This book is the answer to that question. The book covers all the aspects of day-to-day life, like food, textile, transportation, tourism, beauty, home, education, business, etc., along with industry-specific expert comments. This book focuses on simplifying climate change and sustainability so that everyone can understand and take action towards achieving the 'Sustainable Development Goals' of the United Nations.

AAKASH RANISON has delivered five TEDx Talks. He authored his first book on climate change in 2020, and has created three climate art installations, covered by over 230 national and international media publications. Aakash is also a writer for *Forbes India*, *Times of India* and *YourStory*.



NAAM, NAMAK, NISHAN

THE ULTIMATE INDIAN ARMED FORCES QUIZ BOOK

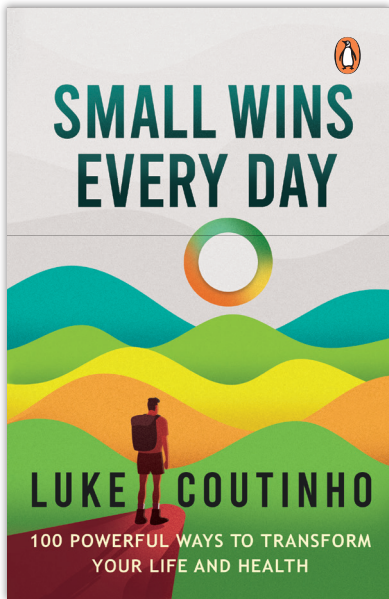
**ANURAKSHAT GUPTA,
ARNABH SENGUPTA, HITESH
MAHATO, ANMOL DHAWAN
AND SAGNIK SARKAR**

Imprint: Penguin Veer
Format: B/PB
Page Extent: 208
ISBN: 9780143462286
Price: Rs 299
Pub Date: May 2023
Territory: World

A quiz book that will help you see the Indian armed forces through a lens you might never have known before

Do you know why the Indian Navy counts 'One, Two, Six' instead of 'One, Two, Three' while doing group tasks? Or that the Intelligence Bureau was set up in response to an assassination? Find out the answers to these and more as the authors take you on a journey across 250 questions, exploring trivia that connects the Indian armed Forces to topics ranging from mythology, history and art to geography, fashion and sports.

The authors are a team of quizzer-doctors from the Armed Forces Medical College (AFMC), Pune.



SMALL WINS EVERY DAY

HUNDRED POWERFUL WAYS TO
TRANSFORM YOUR LIFE AND
HEALTH

LUKE COUTINHO

Imprint: Ebury Press

Format: B/HB

Page Extent: 256

ISBN: 9780670099511

Price: Rs 399

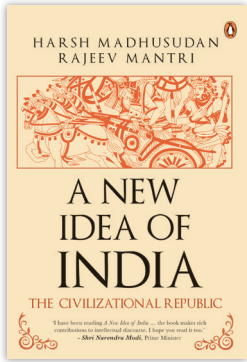
Pub Date: May 2023

Territory: World

What does it take to win your day to day?

Nothing is as daunting as a goal. Many of us struggle with achieving them—whether in life, health, love and career. When you set unrealistic goals and keep failing, your intelligently designed brain tries to protect you from the pain and negative emotions that come with failure. In *Small Wins Every Day*, Luke Coutinho presents a simple premise with powerful results, teaching you to rewire your brain for success. The hack? Break down your goals into small wins that you can achieve every day. Stacked over time, these contribute to significant results. Simple and bite-sized but packed with a punch, here are 100 wins to change your life.

LUKE COUTINHO is the Lifestyle Ambassador and Champion for Prime Minister Narendra Modi's Fit India Movement. He has won several national and international awards and authored four bestsellers. He practises holistic nutrition and integrative and lifestyle medicine and is the pioneer of the You Care Wellness Programme, which consults thousands globally.



A NEW IDEA OF INDIA

THE CIVILIZATIONAL REPUBLIC

HARSH MADHUSUDAN AND RAJEEV MANTRI

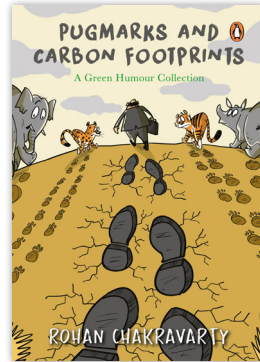
Imprint: Viking
Format: Royal/HB
Page Extent: 342
ISBN: 9780670097876
Price: Rs 799
Pub Date: May 2023
Territory: World

The civilizational view of the Indian nation and its myriad elements

In the early 1990s, India began a gradual withdrawal from the Nehruvian path. In 2019, with Narendra Modi's second win in the elections, this philosophy began to be replaced by a worldview that acknowledges India as an ancient civilization and sees citizens as equal for developmental purposes. *A New Idea of India* expounds on this new framework.

HARSH GUPTA 'MADHUSUDAN' is an India-based public markets investor and has written extensively on economics, finance and politics for *Mint*, *Swarajya*, the *Wall Street Journal*, *The Hindu Business Line*, the *Indian Express* and other publications.

RAJEEV MANTRI is an India-based entrepreneur and investor, investing in public companies and early-stage technology ventures.



PUGMARKS AND CARBON FOOTPRINTS

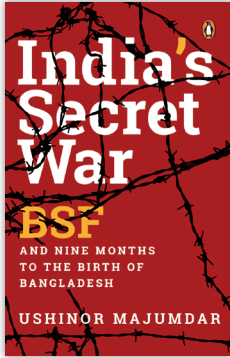
ROHAN CHAKRAVARTY

Imprint: Vintage
Format: Special/PB
Page Extent: 232
ISBN: 9780143459897
Price: Rs 499
Pub Date: June 2023
Territory: World

A book of cartoons on wildlife and nature conservation

Pugmarks and Carbon Footprints is a collection of gag cartoons and comic strips based exclusively on wildlife and nature, with ten to twelve comics exclusive to the book. Staying true to their theme, the cartoons and comics in the book speak about wildlife, ecology, interesting trivia about the lives of wild animals and how the lives of these creatures are entwined with ours. A comprehensive and satirical take on various aspects of the natural world and the threats to its conservation, this book will appeal both to the scientifically inclined reader and the layman.

ROHAN CHAKRAVARTY is a cartoonist, illustrator and the creator of Green Humour, a series of cartoons, comics and illustrations on wildlife and nature conservation.



INDIA'S SECRET WAR

BSF AND NINE MONTHS TO THE BIRTH OF BANGLADESH

USHINOR MAJUMDAR

Imprint: Penguin Veer

Format: Demy/PB

Page Extent: 288

ISBN: 9780143460268

Price: Rs 499

Pub Date: June 2023

Territory: World

The untold story of BSF's role in the liberation of Bangladesh

Triggered by the US-backed Pakistani junta's brutal measures against the Bengalis, Sheikh Mujibur Rahman proclaimed the independence of East Pakistan on 26 March 1971. They needed the world's support, and India was their first ally. The BSF, an elite Indian force, was only five years old at the time and became central to India's sustained military response in East Pakistan for nine months, until the alliance of Indian and Bangladeshi forces won Dhaka. With access to classified records and through exhaustive interviews with surviving veterans, Ushinor Majumdar has crafted this first comprehensive historical account of the BSF's role in the Bangladesh liberation war, which changed the course of South Asian history.

USHINOR MAJUMDAR is an award-winning investigative reporter and the author.



DREAMS OF A HEALTHY INDIA

DEMOCRATIC HEALTH CARE IN POST-COVID TIMES

RITU PRIYA AND SYEDA HAMEED (EDS)

Imprint: Vintage

Format: Demy/HB

Page Extent: 312

ISBN: 9780670093021

Price: Rs 699

Pub Date: June 2023

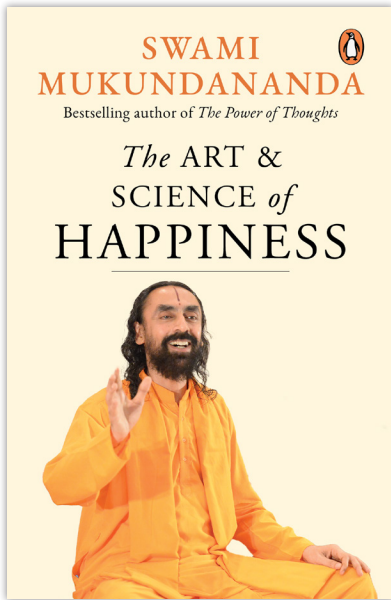
Territory: Indian Subcontinent

A rethink about the popular image of health care as merely medical care

The ninth volume of the Rethinking India series, *Dreams of a Healthy India* is an attempt to demystify the issues of health care and health systems for the general reader as well as to provoke rethinking on several critical dimensions by policymakers and academics. These provide solutions for the present times that can simultaneously contribute to sustainable health care for the future.

RITU PRIYA, professor at the Centre of Social Medicine and Community Health, Jawaharlal Nehru University, New Delhi, is a medical graduate and a community health researcher.

SYEDA HAMEED is a feminist and author. She was a member of the National Commission for Women from 1997 to 2000.



THE ART AND SCIENCE OF HAPPINESS

SWAMI MUKUNDANANDA

Imprint: Penguin Ananda

Format: B/PB

Page Extent: 288

ISBN: 9780143452348

Price: Rs 299

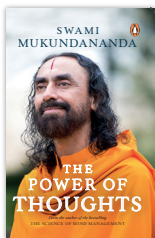
Pub Date: June 2023

Territory: World

Learn the art and science of being happy from spiritual leader and bestselling author Swami Mukundananda

What if you could learn to create happiness? Yes, that's right. Just as we have learnt to produce thoughts and behaviours which make us miserable, we can also learn the art and science of being happy. Imagine joy that does not depend on externals, joy that is not fleeting and joy that grows forever. While this may sound impossible or like a fairy tale, this is the true happiness as explained in all the scriptures. It can withstand the harshest conditions and make you feel on top of the world—always. The aim of this book is to equip you with insights and wisdom that will ensure you choose wisely and set yourself on the path to master the art and science of happiness. You will learn the wisdom to cultivate happiness in your everyday life and identify the best practices and principles that will enable you to be cheerful and in high spirits, no matter what.

SWAMI MUKUNDANANDA is a vedic scholar and an authority on mind management. He is also the bestselling author of *The Power of Thoughts* and *Seven Mindsets for Success, Happiness and Fulfilment*.





MADAM PRESIDENT

THE BIOGRAPHY OF DROUPADI MURMU

SANDEEP SAHU

Imprint: Viking

Format: B/PB

Page Extent: 264

ISBN: 9780143459798

Price: Rs 299

Pub Date: June 2023

Territory: World

The first-ever comprehensive and authentic biography of President Droupadi Murmu

Droupadi Murmu has risen through her circumstances with fortitude and resilience, making her the loved leader she is. As the first President from the tribal community, her phenomenal rise as an earnest and ambitious young woman, who would go on to become the most powerful woman in the country, presents a fascinating study of democratic empowerment in India.

SANDEEP SAHU is a Bhubaneswar-based journalist and has been reporting for the BBC World Service from Odisha for over twenty-eight years.



THE PERFECT WAY

OSHO

Imprint: Penguin Ananda

Format: B/PB

Page Extent: 242

ISBN: 9780143456155

Price: Rs 399

Pub Date: June 2023

Territory: Indian Subcontinent

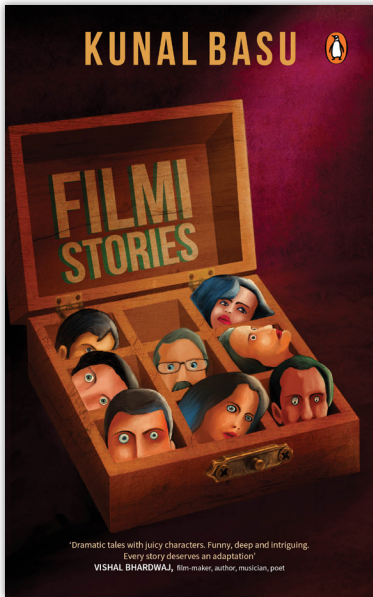
Enter a new dimension of peace, of godliness, and experience your intrinsic being!

"When there are no thoughts, it is then that we come to know the one hidden by our thoughts. When there are no clouds the blue sky is revealed. My friends, there is a sky within you as well—Osho

OSHO was a well-known spiritual guru and philosopher.

FICTION





FILMI STORIES

KUNAL BASU

Imprint: Vintage

Format: Demy/HB

Page Extent: 272

ISBN: 9780670098392

Price: Rs 499

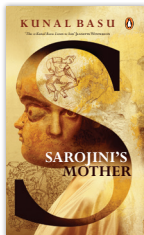
Pub Date: April 2023

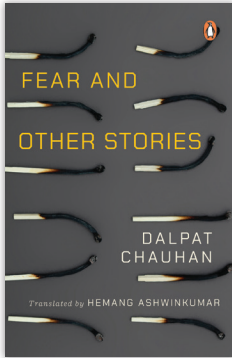
Territory: World

‘Things don’t turn out the way we want 90 per cent of the time. That is the unwritten rule of our life.’

The eight stories in this collection are about unforeseen terrors and adventures, surreal comedies, the apocalypses and the sublime poetry of everyday life. A disgruntled trucker sets out to kill his rival, ending up as the saviour of migrant workers trapped by a pandemic. A novice jailer breaks the law only to learn that nothing in this world is beyond pardon. A corpse dressed immaculately in a suit is discovered on a beach, the trail of the suspects stretching across continents in casinos and cruise ships. The nude paintings of a dead artist set the stage for a murder in a gallery. The hunt for a terrorist leads to a dangerous game of luring a prey out of its lair using a human bait. A man finds himself as the sole passenger of an airplane flying from one deserted airport to another. An innocent shopkeeper learns the wisdom of the Mahabharata on the verge of losing his innocence. Written with words and marked by light and shadow, sounds and silence, these tales stalk a bunch of unruly actors performing roles that take on lives of their own.

KUNAL BASU is the author of several critically acclaimed novels. His story ‘The Japanese Wife,’ from his collection of the same name, has now been made into an award-winning film.





FEAR AND OTHER STORIES

DALPAT CHAUHAN, HEMANG ASHWINKUMAR (TR.)

Imprint: Hamish Hamilton

Format: B/HB

Page Extent: 224

ISBN: 9780670096435

Price: Rs 499

Pub Date: April 2023

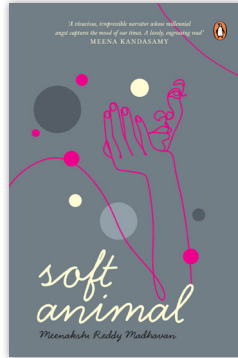
Territory: Indian Subcontinent

An unflinching portrayal of caste

Fear and Other Stories is a reminder of the inherent dangers of the Dalit life, a life subjected to unimaginable violence and terror even in its most mundane moments. In this collection of short stories, veteran Gujarati writer Dalpat Chauhan narrates these lived experiences of exasperation and anger with startling vividity.

DALPAT CHAUHAN is a veteran Gujarati Dalit writer and one of the pioneers who flagged off Gujarat's Dalit literary movement in the late 1970s.

HEMANG ASHWINKUMAR is a poet, fiction writer, translator, editor and critic who writes in Gujarati and English.



SOFT ANIMAL

MEENAKSHI REDDY MADHAVAN

Imprint: Penguin

Format: B/PB

Page Extent: 280

ISBN: 9780143454472

Price: Rs 399

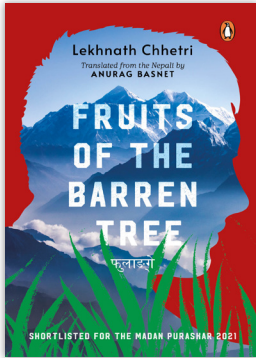
Pub Date: April 2023

Territory: Indian Subcontinent

For readers of Sally Rooney and Curtis Sittenfeld, a razor-sharp and thought-provoking novel about a young couple during India's surreal COVID lockdown

Thirty-six-year-old Mallika Rao is mostly sheltered from the problems of the millions fighting for their existence around her. But, her Delhi flat and her husband threaten to become a prison, and she searches for confidence that has eluded her. Bringing deadpan humour and meticulous social observation to the self-delusions of India's privileged classes, Madhavan's latest channels an uncomfortably and heartbreakingly intimate experience of millennial marriage that is seldom portrayed but all too real.

MEENAKSHI REDDY MADHAVAN is the popular author of books such as *You Are Here*, *The Life and Times of Layla the Ordinary* and *Cold Feet*, as well as a short-story collection called *Before and Then After*.



FRUITS OF THE BARREN TREE

**LEKHNATH CHHETRI,
ANURAG BASNET (TR.)**

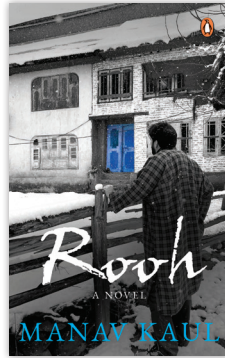
Imprint: Vintage
Format: Demy/HB
Page Extent: 200
ISBN: 9780670097418
Price: Rs 499
Pub Date: April 2023
Territory: Indian Subcontinent

Shortlisted for the Madan Puraskar, this is a story of the failed Gorkha movement

Darjeeling, late 1980s. The demand for a separate state of Gorkhaland has taken a violent turn. Murder, loot, terror and arson beset the Himalayan foothills. *Fruits of the Barren Tree* is the story of that time, and of Relling, a small village near Darjeeling. Originally published in Nepali as *Phoolange*, this sharp, evocative novel is the story of a failed movement and a cautionary tale of how easily the contagion of violence can infect a community.

LEKHNATH CHHETRI is a journalist from Darjeeling, as well as a poet and social activist.

ANURAG BASNET is an editor and translator based in Gangtok, Sikkim.



ROOH

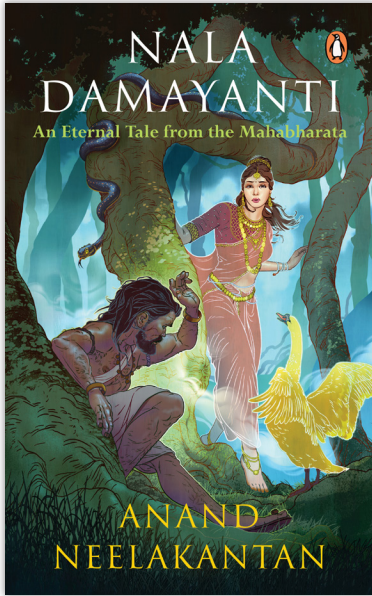
MANAV KAUL

Imprint: Ebury Press
Format: Demy/HB
Page Extent: 160
ISBN: 9780670098033
Price: Rs 499
Pub Date: April 2023
Territory: World

A deeply sensitive novel that tries to make sense of the ethereal beauty of Kashmir and the broken existence of its people

In this stream-of-consciousness novel, the protagonist, Manav, makes a physical and metaphoric journey back into Kashmir and relives the past as a part of the present. And *Rooh* emerges as a deeply touching story of tender but broken people he meets on this journey.

MANAV KAUL, born in Baramulla, Kashmir, is a well-known and award-winning actor in the Hindi film industry.



NALA DAMAYANTI

AN ETERNAL TALE FROM THE
MAHABHARATA

ANAND NEELAKANTAN

Imprint: Ebury Press

Format: Demy/PB

Page Extent: 256

ISBN: 9780143453536

Price: Rs 299

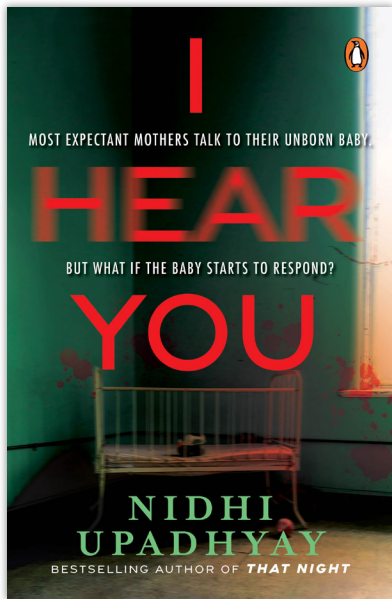
Pub Date: April 2023

Territory: World

The love that saved the world

When Brahma the creator, fed up with humans, wants to undo this mistake and erase them, Hemanga the swan is horrified and pleads with Brahma to give him a chance to prove true love exists among mankind. Narada the celestial troublemaker sends him to Vidarbha, saying Hemanga should unite Nala, the king of Nishadas, with Damayanti, the princess of Vidarbha. Hemanga almost succeeds in making them fall in love with each other when Kali hears of his plan. Trapped on earth as he is not the creator of Brahma, he can't be free unless humans cease to exist. When he learns about Hemanga's mission to save humans, he seizes his chance. If Damayanti gives up Nala, he can prove that no true love exists in a woman's heart. Brahma will erase the human race and Kali will be free. All that stands between the future of humans and the mighty Kali is a little bird and the determination of Damayanti.

ANAND NEELAKANTAN is the author of the Bahubali trilogy, the official prequel to S.S. Rajamouli's movie. Apart from being an author, he is a prolific screenplay writer and has authored a short-story collection, travelogues, articles and film reviews for leading Malayalam dailies.



I HEAR YOU

NIDHI UPADHYAY

Imprint: Ebury Press

Format: B/PB

Page Extent: 288

ISBN: 9780143460244

Price: Rs 250

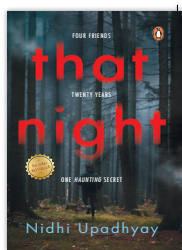
Pub Date: April 2023

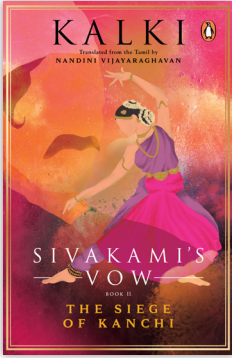
Territory: World

An edge-of-the-seat domestic thriller

Mahika is hoping that a baby will breathe new life into her dead marriage. But all her pregnancies meet the same fate, because no baby is perfect for Shivam, her genius geneticist husband. Until there is one. Rudra, the world's first genetically altered foetus, is Shivam's perfect creation and Mahika's last hope. The six-week-pregnant Mahika walks into her fertility clinic and finds an anonymous note that discloses the ugly truth behind her pregnancy. Before Mahika can come to terms with the fact that her husband's quest for perfection has marked its territory in her womb, she finds herself locked in her own house. But then she discovers that her unborn son has extraordinary powers. As weeks pass by, Rudra calibrates and recalibrates his powers with one aim—Mahika's freedom. But Rudra needs more than his newly acquired powers to free his mother. He needs to betray his creator, his father. And he must do it before it's too late.

NIDHI UPADHYAY is the bestselling author of *That Night*.





SIVAKAMI'S VOW 2

THE SIEGE OF KANCHI

**KALKI, NANDINI
VIJAYARAGHAVAN (TR.)**

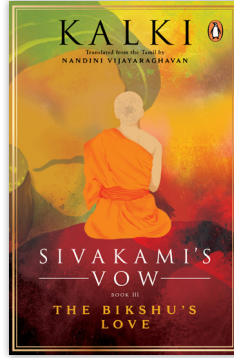
Imprint: Ebury Press
Format: B/PB
Page Extent: 286
ISBN: 9780143460039
Price: Rs 299
Pub Date: April 2023
Territory: World

An action-packed sequel to *Paranjyothi's Journey*

Expertly weaving suspense, romance and drama, Kalki's gripping narrative describes the tremendous efforts of the Pallavas to counter the Chalukya invasion and the growing intimacy between Mamallar and Sivakami in this action-packed second volume of the Sivakami's Vow series.

RAMASWAMY KRISHNAMURTHY, better known by his pen name Kalki, was an Indian writer, journalist, poet, critic and Indian independence activist who wrote in Tamil. He was awarded the Sahitya Akademi award for his novel *Alai Osai* (The Sound of the Waves).

NANDINI VIJAYARAGHAVAN is a director and head of research at the Singapore office of Korea Development Bank. Her columns on finance and economy have appeared in *BusinessLine*, *The Hindu*, *Economic and Political Weekly* and *Financial Express*.



SIVAKAMI'S VOW 3

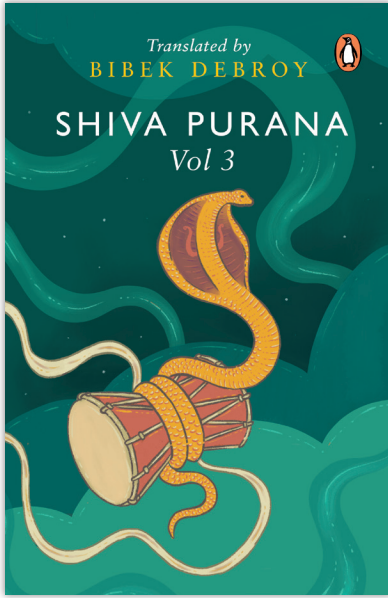
THE BIKSHU'S LOVE

**KALKI, NANDINI
VIJAYARAGHAVAN (TR.)**

Imprint: Ebury Press
Format: B/PB
Page Extent: 292
ISBN: 9780143460046
Price: Rs 299
Pub Date: June 2023
Territory: World

The action-packed third volume of Sivakami's Vow, which sets the stage for the startling climax of this magnum opus

A vengeful Pulikesi reneges on his commitment to cease hostilities and the Pallavas and Chalukyas continue to battle. While the Pallavas are successful in chasing the Chalukyas away, Pallava Nadu bears the brunt of Pulikesi's wrath. Meanwhile, a rash decision by Aayanar and Sivakami results in the beautiful dancer being abducted by the Chalukyas and her subsequent oath. However, these incidents also enable Mahendra Varmar to shape Narasimha Varmar's future in a manner he had always envisaged. An action-packed novel that sets the stage for the climax to the series.



SHIVA PURANA (THREE VOLUMES)

BIBEK DEBROY

Imprint: Black Classics

Format: Demy/PB

Page Extent: 744, 704, 816

ISBN: 9780143459699, 9780143459705,
9780143459712

Price: Rs 799 each

Pub Date: May 2023

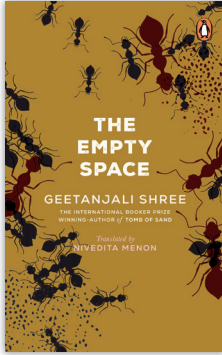
Territory: World

The fifth book in the Purana series, Shiva Purana recounts the tales and exploits of Lord Shiva across three beautifully annotated volumes

The Shiva Purana is the fifth book in an eighteen-part series on the sacred Hindu texts known collectively as the Puranas. These have been translated with great rigour and precision by Bibek Debroy, recounting the tales of creation and the many myths that surround Lord Shiva, in 24,000 shlokas and an introduction that simplifies the myth and history of the Puranas.

Brimming with insight and clarity, this translation presents readers with an opportunity to truly understand classical Indian texts. Previous translations by Bibek Debroy include the Bhagavata Purana, Markandeya Purana, Brahma Purana and Vishnu Purana.

BIBEK DEBROY, a renowned economist, scholar and translator, is the chairman of the Economic Advisory Council to the prime minister.



THE EMPTY SPACE

**GEETANJALI SHREE,
NIVEDITA MENON (TR.)**

Imprint: Hamish Hamilton

Format: B/HB

Page Extent: 272

ISBN: 9780670098095

Price: Rs 599

Pub Date: May 2023

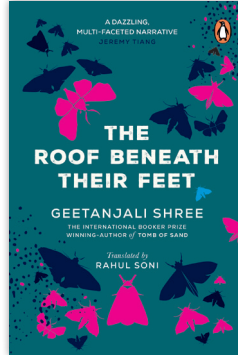
Territory: Indian Subcontinent

From the winner of the 2022 International Booker Prize, comes another poignant and deeply moving novel.

A bomb explodes in a university cafe, claiming the lives of nineteen students. Geetanjali Shree's poignant novel *The Empty Space* begins with the identification of those nineteen dead. The mother who enters the cafe last to identify the nineteenth body brings home her dead eighteen-year-old son packed in a box, as well as the sole survivor of the blast, a three-year-old boy who, by a strange quirk of fate, is found lying in a small empty space, alive and breathing. *The Empty Space* chronicles the memories of the boy gone, the story of the boy brought home, and the cataclysmic crossing of life and death.

NIVEDITA MENON teaches political thought at Jawaharlal Nehru University, Delhi.

RAHUL SONI is an award-winning writer, editor and translator.



THE ROOF BENEATH THEIR FEET

**GEETANJALI SHREE, RAHUL
SONI (TR.)**

Imprint: Hamish Hamilton

Format: B/HB

Page Extent: 176

ISBN: 9780670098088

Price: Rs 499

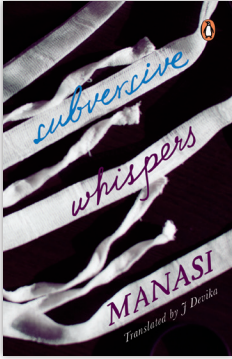
Pub Date: May 2023

Territory: Indian Subcontinent

An intriguing novel about freedom and love

Roofs are meant for wild things—they are meant for romance and play, and are places to dry pickles and grains while exchanging gossip about quiet caresses. But above all, they are realms of freedom. Geetanjali Shree's *The Roof Beneath Their Feet* is the story of Chachcho and Lalna and their friendship. Chachcho lives with her husband in Laburnum House, a cluster of a hundred or so houses that share a common roof. She leads a lonely life until she takes in the abandoned Lalna, but their closeness makes many uncomfortable. Then suddenly one day, Lalna has to leave, and she returns only after Chachcho's passing. Amidst rumours and gossip in the neighbourhood, Chachcho's nephew tries to piece together his memories of the two women—one of whom is his mother.

GEETANJALI SHREE is the author of five novels and five short-story collections. They have received multiple national and international awards, including the 2022 International Booker Prize.



SUBVERSIVE WHISPERS

MANASI, J. DEVIKA (TR.)

Imprint: Hamish Hamilton
Format: B/HB
Page Extent: 160
ISBN: 9780670096121
Price: Rs 499
Pub Date: May 2023
Territory: World

The first-ever English translation of Malayalam stalwart Manasi's works

Manasi's storytelling is surely in rebellious and subversive whispers—sometimes soft, sometimes rasping—but always echoing in the labyrinth of patriarchy. It is this whisper-like quality that J. Devika deftly conveys in translation. Manasi's stories are inevitably of or by women's voices that open up their inner worlds to the reader, struggling to capture the minutiae of their inner suffering.

MANASI is a Sahitya Akademi Award-winning author of many short stories. Her writing on feminist issues and man–woman relationships have earned her a niche place in Malayalam literature.

J. DEVIKA is a feminist historian, social researcher and translator. She has translated the literary writings of K.R. Meera, Sarah Joseph, Unni R., Ambikasutan Mangad, Lalithambika Antharjanam and others.



MY POEMS ARE NOT FOR YOUR AD CAMPAIGN

ANURADHA SARMA PUJARI, ARUNI KASHYAP (TR.)

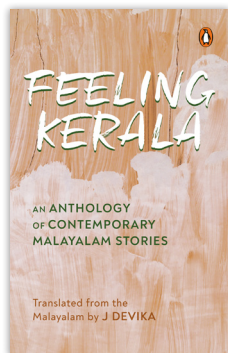
Imprint: Viking
Format: B/HB
Page Extent: 176
ISBN: 9780670096817
Price: Rs 499
Pub Date: May 2023
Territory: Indian Subcontinent

The long-awaited English translation of one of Assam's bestselling novels of all time

In a recently globalized economy characterized by consumerist culture, Bhashwati is an increasingly disillusioned misfit who has, ironically, just started working in an advertising firm. But her life changes when she finds out about the mysterious Mohua, who left the company abruptly. Bhashwati's search for Mohua takes her to Calcutta's lanes, where she meets people who sacrificed immensely for the same values she finds eroded in a globalizing India.

ANURADHA SARMA PUJARI is a winner of the Sahitya Akademi Award and one of the most popular writers in Assam today.

ARUNI KASHYAP is a critically acclaimed writer, translator and poet.



FEELING KERALA

**VARIOUS, TRANSLATED BY
J. DEVIKA**

Imprint: Viking
Format: B/HB
Page Extent: 304
ISBN: 9780670098118
Price: Rs 499
Pub Date: June 2023
Territory: World

In this beautifully curated anthology of short stories from the original Malayalam, J. Devika takes you into the heart of contemporary Kerala

The living, pulsating and ever-changing entity that is Kerala is best represented by its astute, critical and deeply insightful writers of the Malayalam short story. In *Feeling Kerala*, a selection of some of the best and sharpest narratives from the region are now translated and curated for English readers to love and enjoy. These stories cover the different landscapes of Kerala—the highlands, the coastal areas, the growing urban centres. They move in and out of homes, and take the readers into older spaces—convents, panchayats—and the new spaces of capital—airports, tourist resorts—as well as the world of criminals in contemporary Kerala.

J. DEVIKA has written on the intertwined histories of gender, culture, politics and development in her home state, Kerala. She is bilingual and translates both fiction and non-fiction between Malayalam and English.



TIGER SEASON

GARGI RAWAT

Imprint: Ebury Press
Format: B/PB
Page Extent: 288
ISBN: 9780143459361
Price: Rs 299
Pub Date: June 2023
Territory: World

A romantic novel that touches upon themes of wildlife conservation and man-animal conflict

Sunaina Joshi is a reporter with a leading news channel. Her day-to-day work sees her reporting on subjects that bore her and leave her jaded. Instead, her passion is a life in the great outdoors and reporting on wildlife and the environment. Out of the blue, a fabulous opportunity falls into her lap when her channel is commissioned to run a campaign on tiger conservation featuring a Bollywood star, himself trying to resurrect his image and career following a drug scandal. But to Sunaina's dismay, she finds herself becoming the epicentre of the converging controversies. Can she keep her wits about her while remaining professional about the things she loves?

GARGI RAWAT is a senior news anchor and environment reporter with NDTV 24X7.



WELCOME TO AARAAMPUR

A SLEEPY LITTLE HILL TOWN

DHRUV NATH

Imprint: Ebury Press

Format: B/PB

Page Extent: 240

ISBN: 9780143463252

Price: Rs 299

Pub Date: June 2023

Territory: World

A humorous, episodic novel about life in a small town in the hills

Set in the small, fictitious town of Aaraampur in Himachal, the episodes in this book are woven around a central character called Kaptaan Sahib and his family. Dotted with relatable, batty characters and the many Wodehousian situations they land themselves in—this is the perfect summer read to curl up with.

DHRUV NATH is an angel investor and a director with the Lead Angels Network. He has previously been a professor at MDI Gurgaon and a senior vice-president at NIIT Ltd.

POETRY





GIRL TO GODDESS

A JOURNEY OF SELF-DISCOVERY, SELF-LOVE AND SELF-WORTH

NISHI

Imprint: Ebury Press

Format: B/PB

Page Extent: 296

ISBN: 9780143460619

Price: Rs 299

Pub Date: April 2023

Territory: World

A powerful and moving book of poetry by the popular Instagram poet Nishi

Through this collection of insightful poems, Nishi takes the reader on a journey of mistakes, failures, fears, lessons, perspectives and realizations about life, love and everything in between. She shares her vulnerabilities and opens up about her deepest emotions. Her words inspire readers to look inwards and embrace their own inner divinity, encouraging them to find their own path towards healing and self-love. *Girl to Goddess* is a powerful and moving book of poetry that speaks to the struggles of the human experience and how one surmounts them.

NISHI is a poet, spoken-word artist and content creator on a mission to help people find their inner voice.



GREENING THE EARTH

A GLOBAL ANTHOLOGY OF POETRY

**K. SATCHIDANANDAN AND
NISHI CHAWLA (EDS)**

Imprint: Vintage

Format: Demy/HB

Page Extent: 378

ISBN: 9780670096268

Price: Rs 599

Pub Date: May 2023

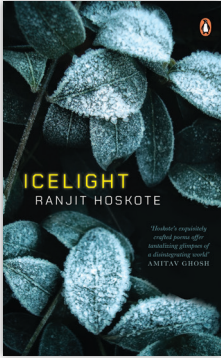
Territory: World

Poetic responses to the environmental crisis

Greening the Earth is a rare anthology that brings together global poetic responses to one of the major crises faced by humanity in our time: environmental degradation and the threat it poses to the very survival of the human species. Poets from across the world respond here in their diverse voices—of anger, despair and empathy—to the present ecological damage prompted by human greed, pray for the re-greening of our little planet and celebrate a possible future where we live in harmony with every form of creation.

K. SATCHIDANANDAN is a leading Indian poet.

NISHI CHAWLA is an academician and a writer.



ICELIGHT

RANJIT HOSKOTE

Imprint: Hamish Hamilton

Format: Demy/HB

Page Extent: 224

ISBN: 9780670097937

Price: Rs 499

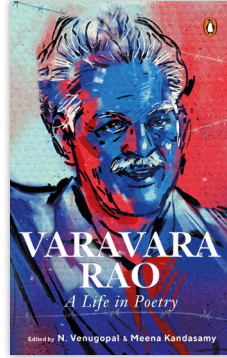
Pub Date: June 2023

Territory: Indian Subcontinent

Ranjit Hoskote's exquisitely crafted new collection of poems

Icelight, Ranjit Hoskote's eighth collection of poems, enacts the experience of standing at the edge—of a life, a landscape, a world—assuming new contours or going up in flames. Hoskote's previous poetry collections include *Vanishing Acts: New and Selected Poems 1985–2005* and *Die Ankunft der Vögel*. His translation of poems by the fourteenth-century Kashmiri mystic Lal Ded has been published as *I, Lalla: The Poems of Lal Ded*.

RANJIT HOSKOTE is an award-winning poet and art critic.



VARAVARA RAO

A LIFE IN POETRY

N. VENUGOPAL AND MEENA KANDASAMY (EDS)

Imprint: Vintage

Format: Demy/HB

Page Extent: 256

ISBN: 9780670096428

Price: Rs 499

Pub Date: June 2023

Territory: World

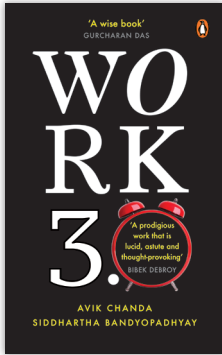
VARAVARA RAO is the author of thirteen collections of poetry, all in Telugu. His body of work is remarkable, and in many ways, one of the strongest documents of Indian history since our independence. To read him is to reflect on who we are as a nation, and where we have come. This edited volume is his first book of poetry to be published in English.

N. VENUGOPAL has been a poet, literary critic, journalist, public speaker and translator for the last four decades.

MEENA KANDASAMY is a poet, translator and novelist.

BUSINESS





WORK 3.0

AVIK CHANDA AND SIDDHARTH BANDYOPADHYAY

Imprint: Penguin Business

Format: Demy/HB

Page Extent: 512

ISBN: 9780670093489

Price: Rs 799

Pub Date: April 2023

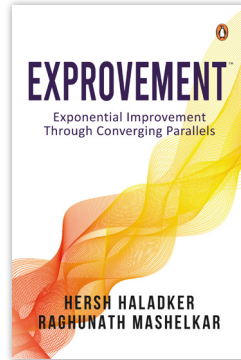
Territory: World

The ultimate future of work preparation guide

What will the worker, workplace and work itself look like in the future? *Work 3.0* tackles this and some of the other most pressing and complex questions of the present age, head-on. Avik Chanda and Siddhartha Bandyopadhyay employ rigorous research to present a rich multidisciplinary narrative to help readers deal with the challenges presented by the changing nature of work and the workplace.

AVIK CHANDA is a bestselling author, columnist and business advisor, with two decades of Global Big 4 Consulting experience.

SIDDHARTHA BANDYOPADHYAY is professor of economics at the University of Birmingham, where he leads the multidisciplinary Centre for Crime, Justice and Policing.



EXPROVEMENT

EXPONENTIAL IMPROVEMENT THROUGH
CONVERGING PARALLELS

RAGHUNATH MASHELKAR AND HERSH HALADKER

Imprint: Penguin Business

Format: Royal/HB

Page Extent: 248

ISBN: 9780670097234

Price: Rs 799

Pub Date: April 2023

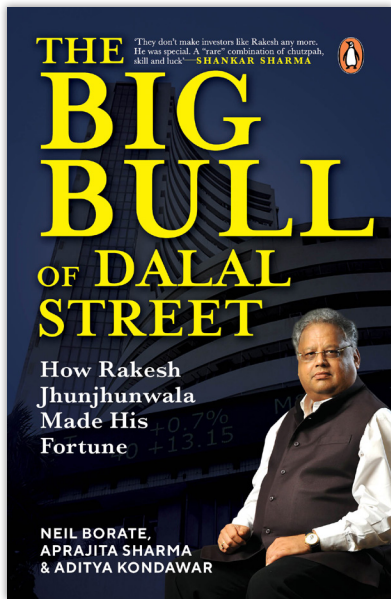
Territory: World

A genre-defining new work on exponential improvement and how businesses can pivot and grow manifold

Through the various examples highlighted in this book, Hersh Haladker and Raghunath Mashelkar emphasize that searching for growth opportunities within an offering's existing industry usually results in incremental improvement, whereas exponential improvement can be achieved by drawing parallels from outside of the current context.

HERSH HALADKER is the founder of InstillMotion.

RAGHUNATH MASHELKAR is one of India's foremost science and innovation leaders.



THE BIG BULL OF DALAL STREET

HOW RAKESH JHUNJHUNWALA MADE HIS FORTUNE

NEIL BORATE, APRAJITA SHARMA AND ADITYA KONDAWAR

Imprint: Penguin Business

Format: B/PB

Page Extent: 256

ISBN: 9780143460220

Price: Rs 399

Pub Date: April 2023

Territory: World

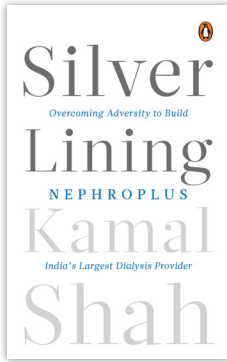
The inspiring story of India's Warren Buffett

This book looks at the life of India's big bull, as Rakesh was famously known, both as a person and as a professional. Providing a fascinating account of his journey, it analyses the records of Jhunjhunwala's investments and interviews he has given over the years. More than just a biography, a large section of the book is devoted to understanding the stocks that made him rich and the mistakes he made. Looking at the journey of the legendary investor, the book offers retail investors some useful insights—benefits of long-term investing, mistakes one should avoid in the stock market and risk associated with leveraged trades, among others.

NEIL BORATE is deputy editor at *Mint*, where he heads the personal finance team.

APRAJITA SHARMA is a financial journalist and has worked across diverse media formats from digital, print to broadcast.

ADITYA KONDAWAR is partner, vice president of Key Accounts at Complete Circle Capital Ltd, a Delhi-based financial services company.



SILVER LINING

OVERCOMING ADVERSITY TO BUILD NEPHROPLUS, INDIA'S LARGEST DIALYSIS PROVIDER

KAMAL SHAH

Imprint: Penguin Business

Format: Demy/HB

Page Extent: 256

ISBN: 9780670097968

Price: Rs 599

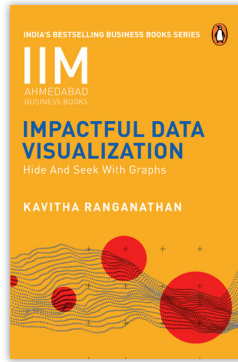
Pub Date: May 2023

Territory: World

An inspiring story about overcoming adversity and building a successful brand

This is a unique business memoir with a strong, moving touch of the deeply personal. Kamal writes with raw honesty about pain and fear and the darker side of healthcare in India. Yet, this is also a story of faith, of grit and determination and, ultimately, of success.

KAMAL SHAH has been on dialysis since July 1997. He developed software for Apple products for about ten years before co-founding NephroPlus. Kamal has a widely read blog about his journey with kidney disease: www.kamaldshah.com.



IMPACTFUL DATA VISUALIZATION

HIDE AND SEEK WITH GRAPHS

KAVITHA RANGANATHAN

Imprint: Penguin Business

Format: Demy/HB

Page Extent: 204

ISBN: 9780143461746

Price: Rs 399

Pub Date: June 2023

Territory: World

Excel at showcasing your data with the expert from IIM Ahmedabad

There is scarcely a role that does not require us to understand, analyse and present data. Charts, graphs and maps are everywhere. However, many of these data visuals leave the viewer bewildered, confused or (even worse) with an incorrect understanding of the data. Packed with examples to clearly explain the dos and don'ts of data visualization and backed by empirical research, this book will transform the way you create and analyse graphs and charts.

KAVITHA RANGANATHAN is a faculty in the information systems area at the Indian Institute of Management Ahmedabad (IIMA).



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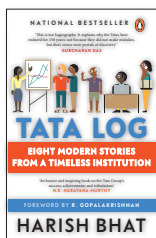
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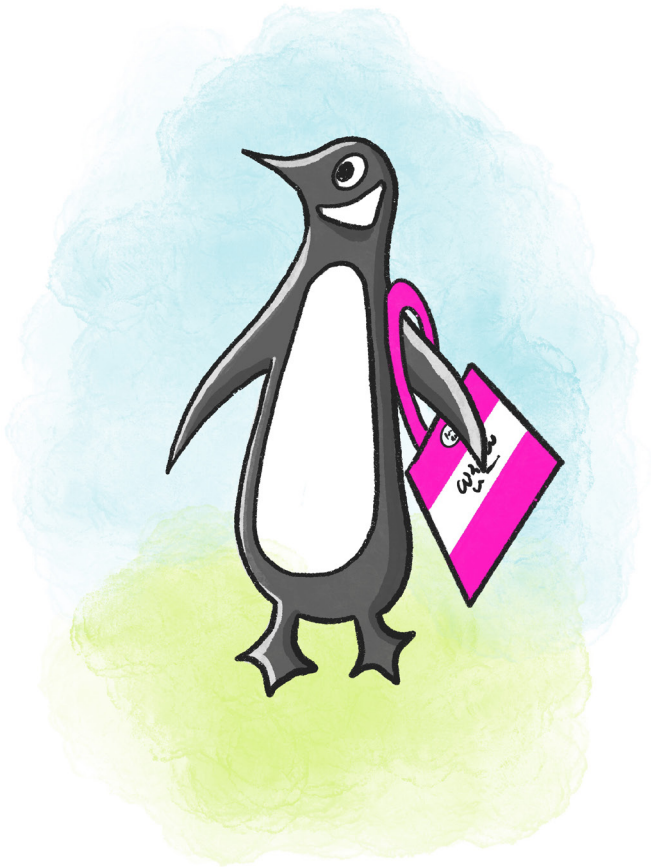
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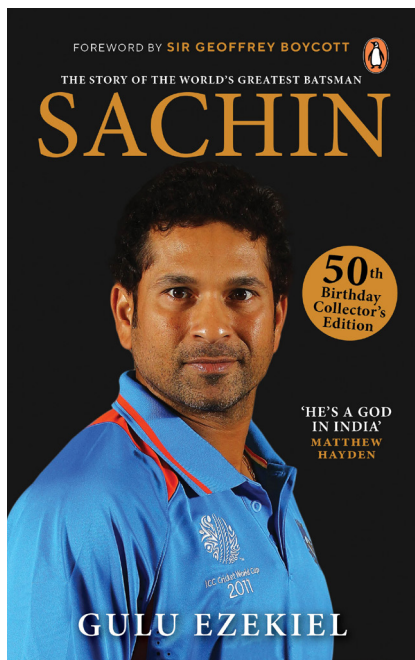
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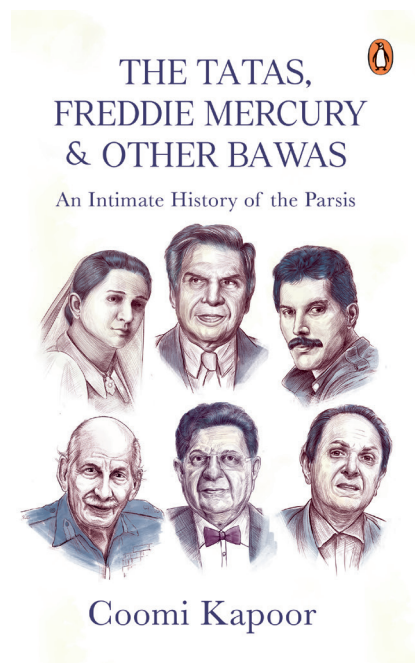
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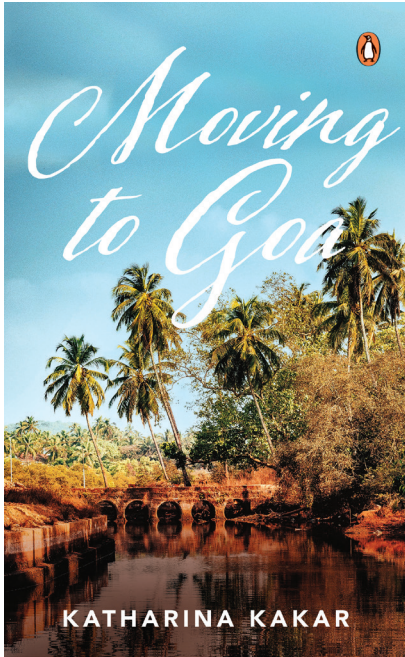
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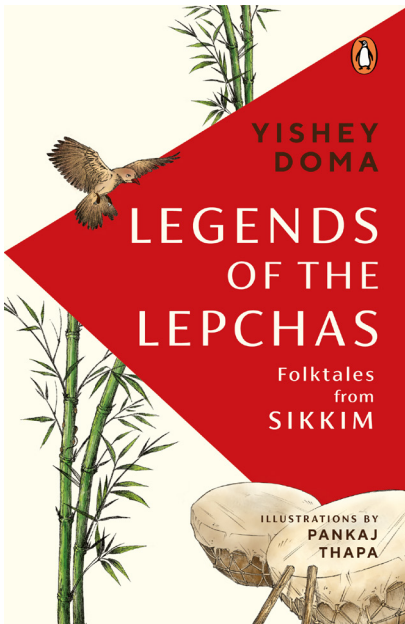
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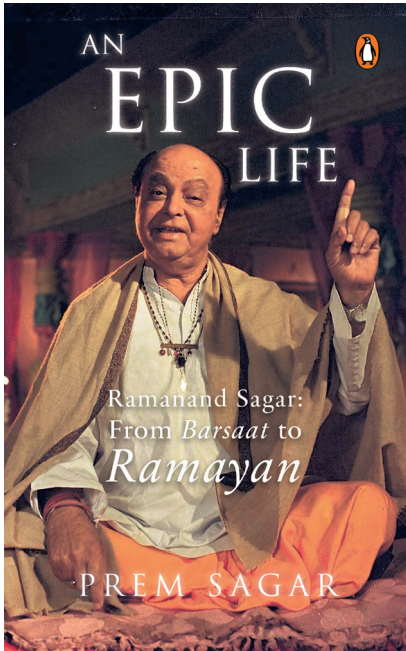
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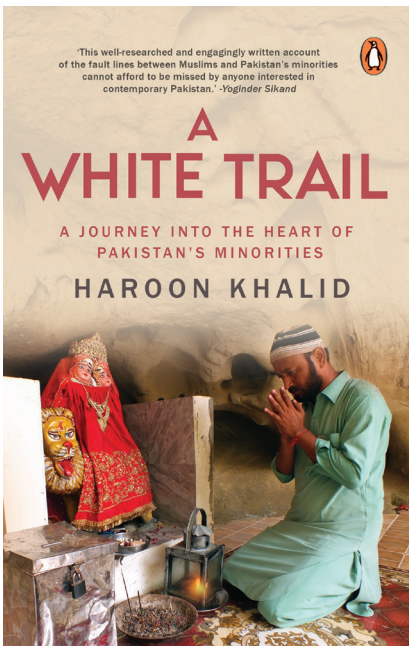
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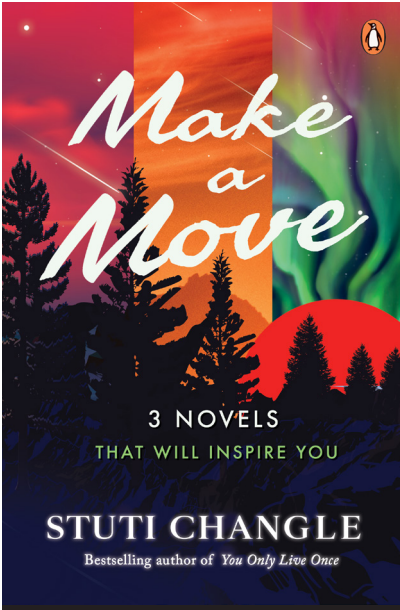
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