



Penguin
Random House
India

New Books

April–June 2022

EBURY PUBLISHING AND VINTAGE





PENGUIN
VEER



**BLUE
SALT**

VINTAGE



C O N T E N T S

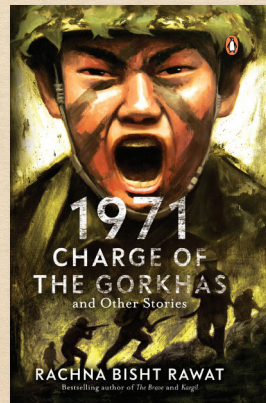
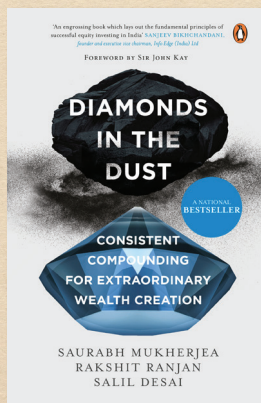
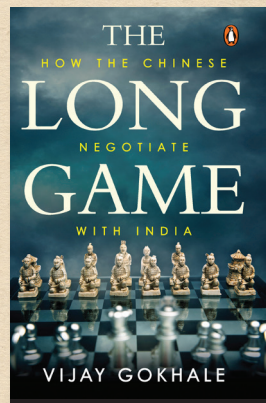
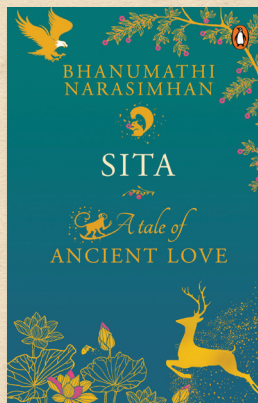
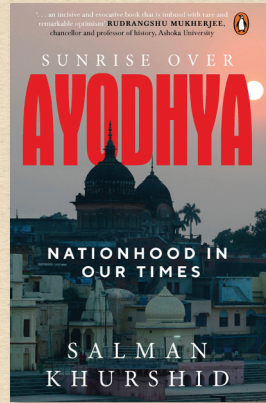
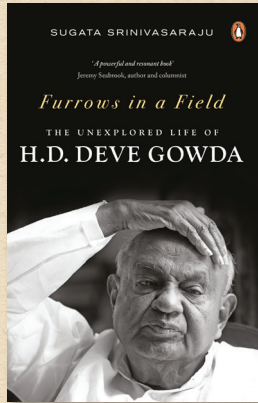
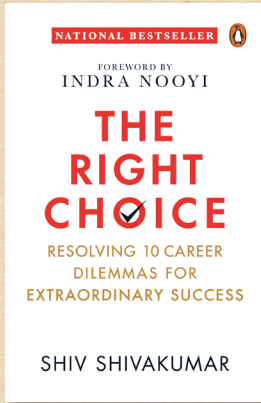
Non-fiction 7

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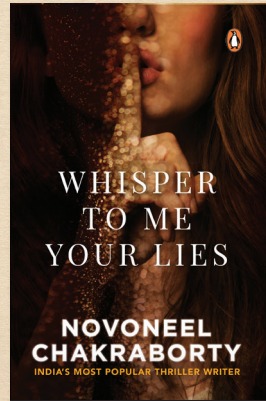
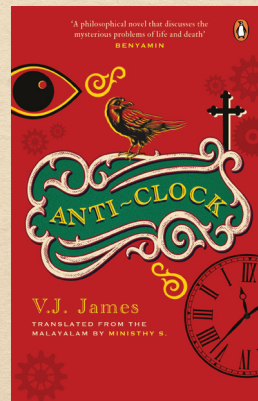
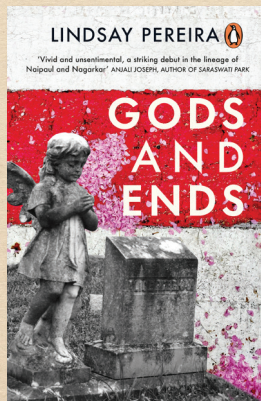
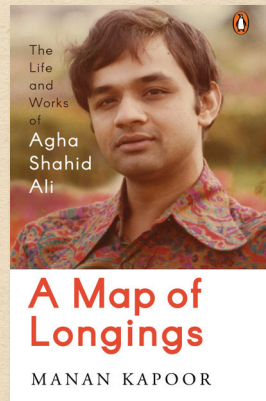
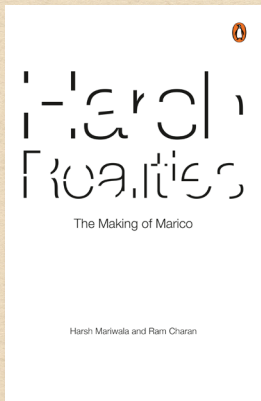
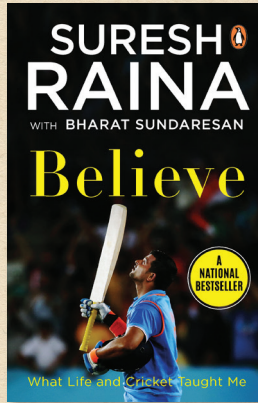
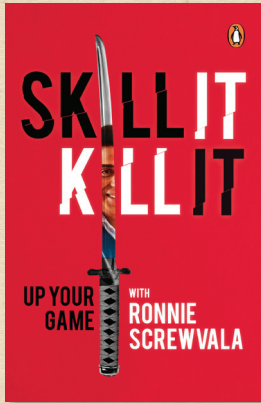
Business 22

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Highlights of 2021

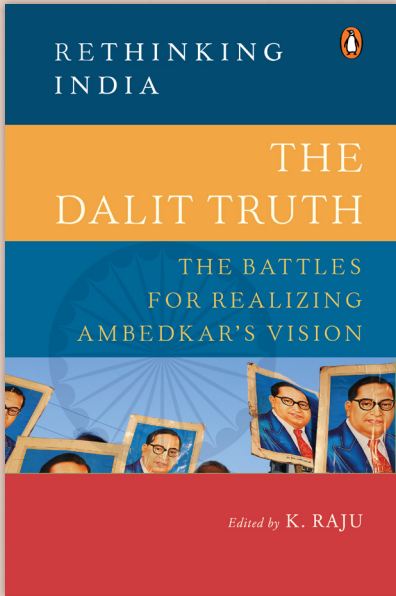


Highlights of 2021



NON-FICTION





Imprint Vintage
Format Demy/HB
Page Extent 256
ISBN 9780670093014
Price ₹699
Pub Date April 2022
Territory World

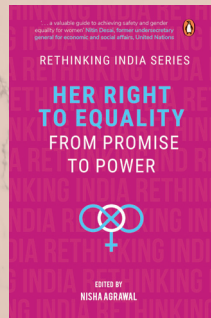
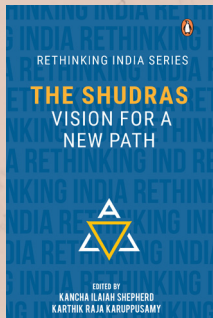
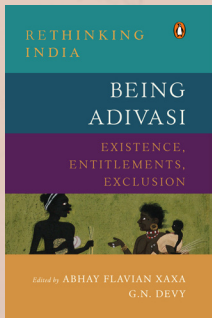
K. RAJU is a bureaucrat-turned-politician. He joined the Congress in 2013 and is currently the national coordinator for the SC, ST, OBC and minorities department of the AICC.

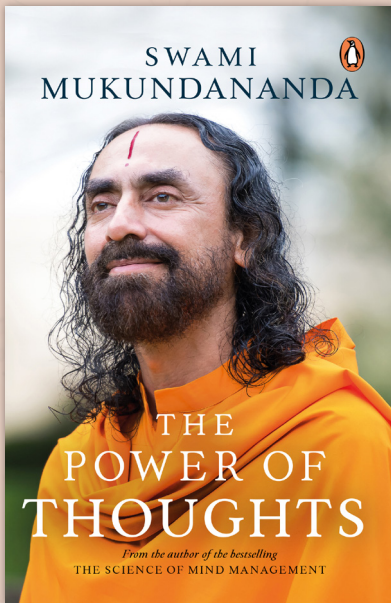
THE DALIT TRUTH

K. RAJU (ED.)

The Dalit path to equality

The Dalit Truth is a dossier for tomorrow. The essays offer deep insights into social, educational, economic and cultural challenges and opportunities for the Dalits, varied strategies of political parties for their mobilization, the choice to be made by the Dalits between Ambedkar's Constitution and Manuwad for realizing equality. The multitude of Dalit truths and their battles against the caste system are reflected here, pointing at a future full of promise and prospects for the coming generations.





Imprint Penguin Ananda

Format B/PB

Page Extent 288

ISBN 9780143452331

Price ₹299

Pub Date May 2022

Territory World

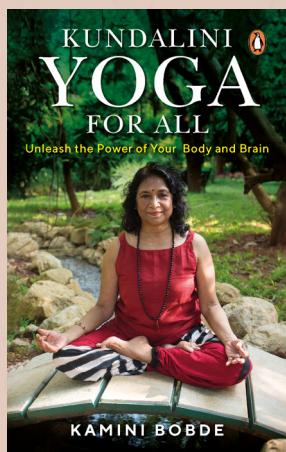
SWAMI MUKUNDANANDA is a teacher of spirituality, yoga and meditation, and the founder of JKYog (Jagadguru Kripaluji Yog), a non-profit charitable organization. He is the author of the bestselling book *Seven Mindsets for Success, Happiness and Fulfilment*.

THE POWER OF THOUGHTS

SWAMI MUKUNDANANDA

Learn how to harness the power of your thoughts to make your life healthier, happier and more successful

Everything we do and experience begins with a thought. Since every aspect of our life experience is so strongly linked to the quality of our thoughts, it becomes necessary to understand them in greater depth. How are they created? Why do some thoughts repeatedly come to our mind? Are there any techniques and methodologies for revolutionizing our thinking? *The Power of Thoughts* is written with the sincere aspiration of explaining the ancient science of the mind and intellect in a modern context—with real-life examples, humorous stories, sound logic and verses from sacred texts—to enable you to utilize the immense power of your thoughts for success and happiness.



KUNDALINI YOGA FOR ALL UNLEASH THE POWER OF YOUR BODY AND BRAIN

KAMINI BOBDE

Discover the explosive energy and benefits of this ancient form of yoga

This book takes the reader through the history of Kundalini yoga, with explanations of the various details they will encounter, what to expect and what the awakening of each chakra will mean. It also includes interviews with leading spiritual gurus who have realized the full potential of the Tantra and Kriya yoga practice.

KAMINI BOBDE is a yoga teacher at the Swami Satyananda Bihar School of Yoga.

Imprint Ebury Press

Format Demy/PB

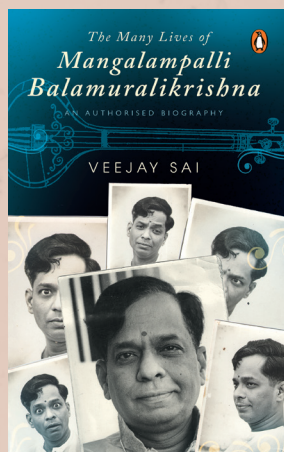
Page extent 288

ISBN 9780143451181

Price ₹399

Pub Date June 2022

Territory World



THE MANY LIVES OF MANGALAMPALLI BALAMURALIKRISHNA AN AUTHORIZED BIOGRAPHY

VEEJAY SAI

Biography of a musical genius

Mangalampalli Balamuralikrishna, the internationally renowned Carnatic vocalist, was a child prodigy and proficient at a number of musical instruments. This definitive biography traces his journey in the world of music, a place of beauty as well as egos.

VEEJAY SAI is the author of *Drama Queens: Women Who Created History on Stage*.

Imprint Vintage

Format Demy/HB

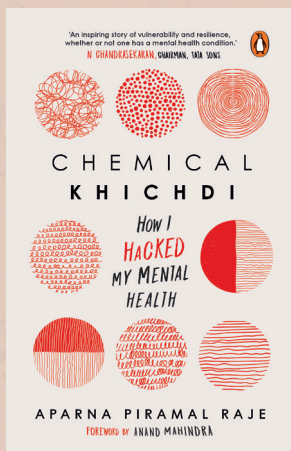
Page Extent 288

ISBN 9780670090426

Price ₹599

Pub Date June 2022

Territory World



CHEMICAL KHICHDI HOW I HACKED MY MENTAL HEALTH

APARNA PIRAMAL RAJE

A candid memoir on learning to live with bipolarity and successfully managing it

Aparna Piramal Rajé's life looks like a success. Hailing from a well-known business family, she is married with two children, and is a published author, a popular columnist with a leading daily and a former CEO. But only a few know that she struggled with a serious mental illness for two decades—bipolar disorder. This book presents a hopeful and helpful pathway for all those with a mental health condition, for their loved ones and for mental health professionals.

APARNA PIRAMAL RAJE is a columnist at *Mint* and the author of the bestselling *Working Out of the Box*.

Imprint Ebury Press

Format B/PB

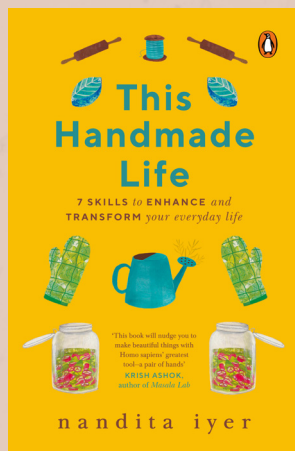
Page Extent 304

ISBN 9780143454359

Price ₹399

Pub Date April 2022

Territory World



THIS HANDMADE LIFE

NANDITA IYER

If there's one part of our body that we take for granted, it is our hands

Written in Iyer's signature lyrical and friendly style, *This Handmade Life* is about hands-on activities like baking, gardening, making spices, etc., that can be meditative and healing. Taking the reader through myriad transformative hobbies, Iyer manages to serve up a narrative that is both motivational and inspirational.

NANDITA IYER is an author and celebrity chef.

Imprint Ebury Press

Format B/PB

Page Extent 288

ISBN 9780143454588

Price ₹299

Pub Date April 2022

Territory World



Imprint Ebury Press

Format B/PB

Page Extent 288

ISBN 9780143455103

Price ₹399

Pub Date May 2022

Territory World

KAVITA KHOSA is the creator of PUREARTH, an award-winning social enterprise, wild harvest skincare and wellness brand.

BEAUTY UNBOTTLED

ANCIENT INDIAN WISDOM FOR A MODERN LIFESTYLE

KAVITA KHOSA

Your kitchen pharmacy for skincare recipes and rituals

This book is for the contemporary millennial seeking to adopt a conscious, mindful lifestyle, and to discover clean beauty, health and wellness through indigenous knowledge and ancient modalities like Ayurveda, TCM and Unani. Through this book the reader can learn about plant-based DIY skincare and wellness supplements, local foods incorporating ancient grains and millets, and find ways to practise an easy-to-follow, low-impact, zero-waste lifestyle.



MADAM SIR

THE STORY OF BIHAR'S FIRST
WOMAN IPS OFFICER

MANJARI JARUHAR

**An inspiring story of strength,
courage and resilience**

Madam Sir is a chronicle of our times through the meticulous eyes of the first woman IPS officer from Bihar. It is a valuable account of significant historical events that shaped India—the Bhagalpur blindings, the 1984 anti-Sikh riots, the Babri Masjid demolition. It is also the story of millions of girls in our country, at home and at work, as they continue to battle against deeply ingrained social norms and attitudes.

MANJARI JARUHAR is among the first five women to become IPS officers in India and the first from the state of Bihar.

Imprint Ebury Press

Format B/PB

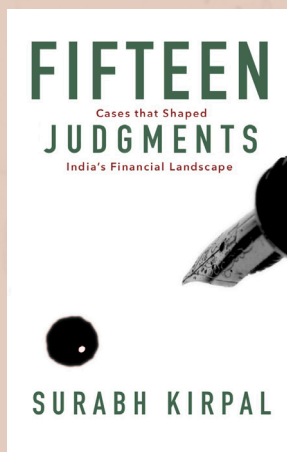
Page Extent 320

ISBN 9780143454359

Price ₹399

Pub Date June 2022

Territory World



FIFTEEN JUDGMENTS

CASES THAT SHAPED INDIA'S
FINANCIAL LANDSCAPE

SAURABH KIRPAL

**Judgments that offer insights into
judicial thinking concerning the
economy**

This book examines fifteen judgments that have influenced the financial destiny of the country. With significant macroeconomic dimensions, these judgments, when explored, show a long-term impact on the economy. Judgments from different times in history have been examined in this book to give the reader a flavour of the jurisprudential philosophies at different times in the country.

SAURABH KIRPAL is a senior advocate.

Imprint Penguin Business

Format Demy/HB

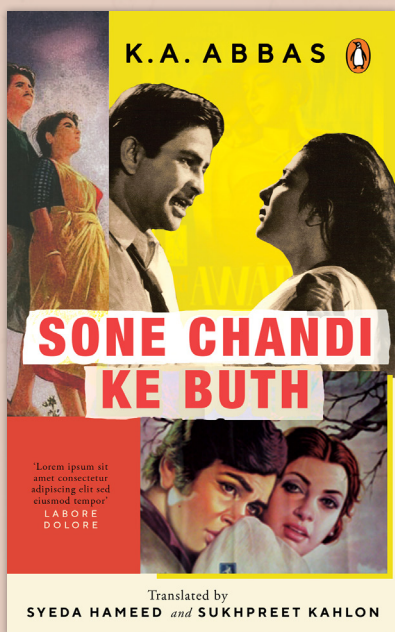
Page extent 288

ISBN 9780670096497

Price ₹599

Pub Date June 2022

Territory World



Imprint Vintage
Format Demy/HB
Page Extent 240
ISBN 9780670095933
Price ₹599
Pub Date June 2022
Territory World

SYEDA HAMEED is a social and women's rights activist, educationist, writer and a former member of the Planning Commission of India.

SUKHPREET KAHLON is a PhD candidate in cinema studies at the School of Arts and Aesthetics, Jawaharlal Nehru University.

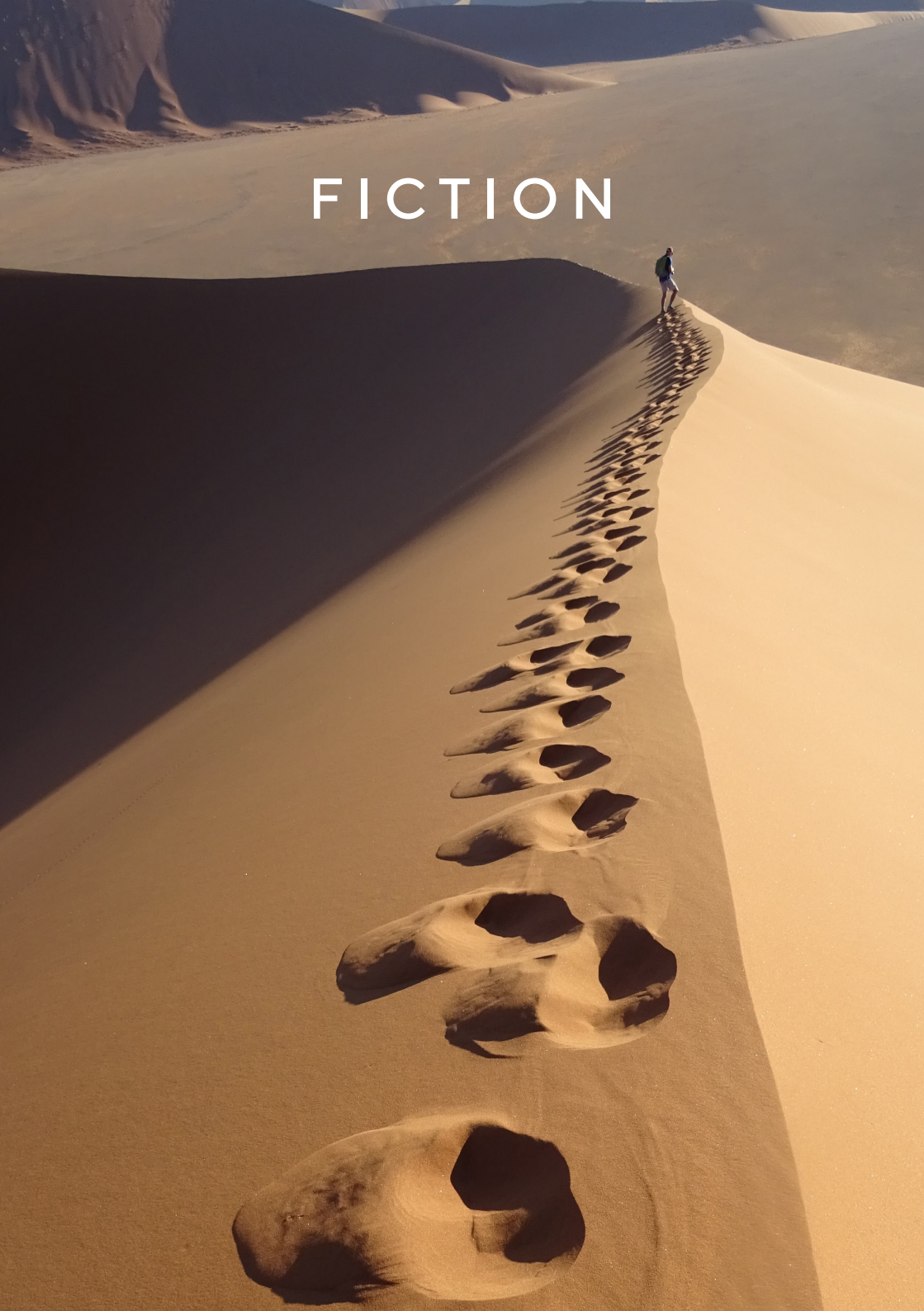
SONE CHANDI KE BUTH **THE WRITINGS OF K.A. ABBAS**

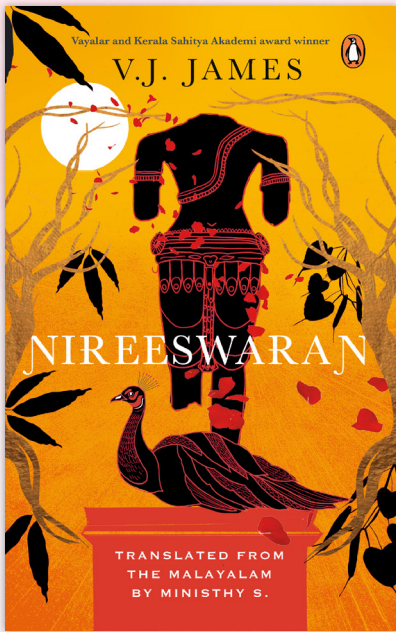
SYEDA HAMEED AND SUKHPREET KAHLON
(TRS)

The literary legacy of K.A. Abbas

Sone Chandi Ke Buth is a collection of writings on cinema that includes the observations, thoughts and reflections of one of the pioneering film directors and journalists in the country, K.A. Abbas. This book is a collection of short stories, essays and articles on famous film personalities and varied aspects of the film industry.

FICTION





Imprint Vintage
Format Demy/HB
Page Extent 320
ISBN 9780670096558
Price ₹599
Pub Date April 2022
Territory World

V.J. JAMES writes in Malayalam. *Nireeswaran* was awarded the Kerala Sahitya Akademi Award, Basheer Puruskaram and Vayalar Award. The translation of his novel *Anti-Clock* was shortlisted for the JCB Prize for Literature 2021.

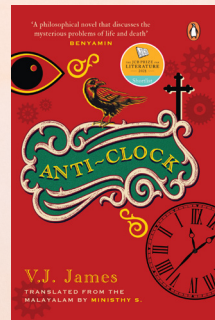
MINISTHY S. is an IAS officer and translates between three languages: English, Malayalam and Hindi.

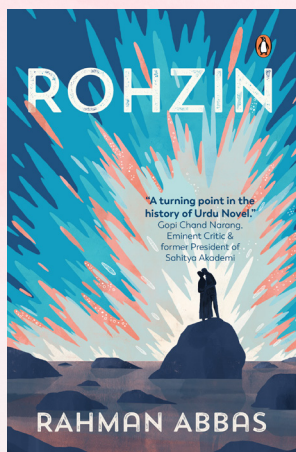
NIREESWARAN

V.J. JAMES (MINISTHY S., TR.)

Is it possible for society to exist without religion?

Nireeswaran, the most celebrated of V.J. James’s works, uses incisive humour and satire to question blind faith and give an insight into what true spirituality is. Three atheists, Antony, Sahir and Bhaskaran, embark on an elaborate prank—installing a mutilated idol which they name Nireeswaran, literally anti-god—to establish that God is nothing but a superstition. Their plan starts turning awry when people start attributing miracles to Nireeswaran, leading hordes to turn up to worship the fake deity. The trio is put in a quandary. Will they fight their own creation? Could it be that atheism is a religion in itself? Belief and disbelief, it is possible, are two sides of the same coin.





ROHZIN

RAHMAN ABBAS

A young couple in love, a prostitute, a deity and a city that unites them all

Rohzin follows a gamut of characters and their interrelated lives on a unique journey through Mumbai, the city of dreams with a gritty underbelly. The stakes are raised as the protagonists of this novel navigate through various aspects of love, longing and sexuality, with events coming to a head in a dramatic climax on the fatal noon of 26 July 2005, when merciless downpour and cloudburst spread utter darkness and horror in the heart of the city.

RAHMAN ABBAS is an Urdu novelist and the 2018 winner of the Sahitya Akademi Award, India's highest literary honour.

Imprint Vintage

Format Demy/HB

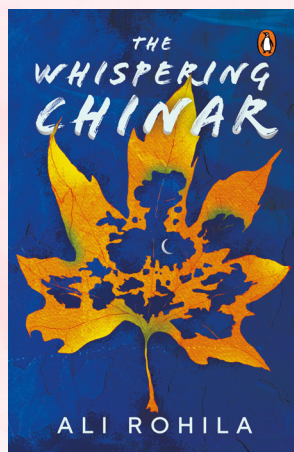
Page Extent 256

ISBN 9780670093861

Price ₹399

Pub Date April 2022

Territory World



THE WHISPERING CHINAR

ALI ROHILA

An extraordinary new voice in fiction from Pakistan

In Charbagh, Khyber-Pakhtunkhwa, stands a chinar tree in the garden of Khan Mohammad Usman Khan. Legend has it that it was planted by a saint and that the family would prosper till this tree survived. In his debut novel, the author recounts the stories seen by the chinar tree in a village where modernity slowly creeps in, where there are tales of unrequited love, of family honour and religious persecution, of patriarchy and the breaking of its shackles.

ALI ROHILA is a Pakistani banker and the author of *Read No Evil*.

Imprint Vintage

Format B/PB

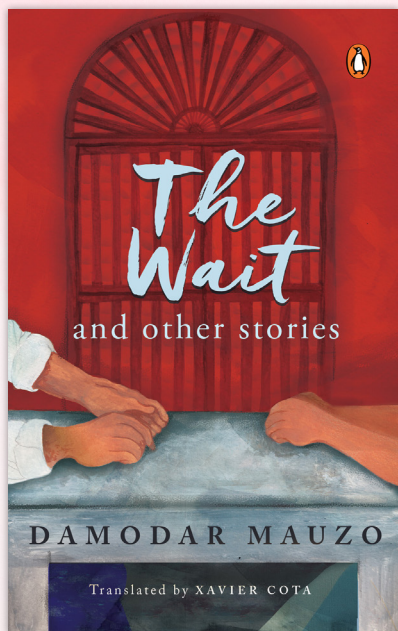
Page Extent 224

ISBN 9780143452591

Price ₹399

Pub Date April 2022

Territory World



Imprint Vintage
Format Demy/HB
Page Extent 256
ISBN 9780670095810
Price ₹499
Pub Date May 2022
Territory Indian Subcontinent

DAMODAR MAUZO is a Goan short story writer, novelist, scriptwriter and critic who writes in Konkani.

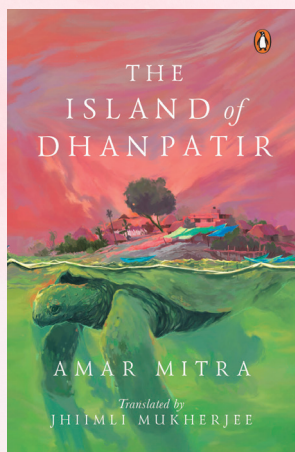
XAVIER COTA is a translator and writer whose work has appeared in the *Week*, *Gentleman's World*, *Katha Prize Stories* and *Sahitya Akademi*.

THE WAIT AND OTHER STORIES

DAMODAR MAUZO (XAVIER COTA, TR.)

A new collection of short stories from the Jnanpith Award winner

Konkani writer Damodar Mauzo's sometimes bizarre, sometimes tender stories set in Goa create a world far removed from the sun and sand and the holiday resorts. Here there are villagers facing moral choices, children waking up to the realities of what culinary choices mean for adults, men who dwell on remorse and women who live a life of regret, and communities whose bonds are growing tenuous in an age of religious polarization. Probing the deepest corners of the human psyche with tongue-in-cheek humour, Mauzo's stories reveal the many threads that connect us to others and the ease with which they can be broken. Told in simple prose and yet layered in nuances, *The Wait* is a collection that brings to the world one of the doyens of Konkani literature.



THE ISLAND OF DHANPATIR

AMAR MITRA (JHIMLI MUKHERJEE PANDEY, TR.)

A rare blend of fantasy and folklore, from Bengali literature!

This is the story of a mystical island in the Sunderbans that rests on the back of a giant tortoise that remains under water for six months. *The Island of Dhanpatir* combines the elements of myth, allegory and magic realism, into a folklore of rare beauty.

AMAR MITRA is a Sahitya Akademi award-winning Bengali writer who lives in Kolkata.

JHIMLI MUKHERJEE PANDEY was a journalist and a translator.

Imprint Ebury

Format Demy/HB

Page Extent 384

ISBN 9780670095223

Price ₹499

Pub Date April 2022

Territory World



WHERE THE SUN NEVER SETS

STUTI CHANGLE

An old diary brings to life Iti's worst nightmares in the nationwide lockdown of 2020

When Iti moves back to her hometown during the nationwide lockdown of 2020, she discovers her old, forgotten journal. Within its pages, she finds herself transported to a time long ago, to the night of a disastrous event that had defined the trajectory of her life. Now, years later, will she be able to solve what went wrong?

STUTI CHANGLE is the bestselling author of *You Only Live Once*.

Imprint Ebury Press

Format B/PB

Page Extent 256

ISBN 9780143453680

Price ₹250

Pub Date May 2022

Territory World



Imprint Metro Reads
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Page Extent 288
ISBN 9780143426592
Price ₹199
Pub Date May 2022
Territory World

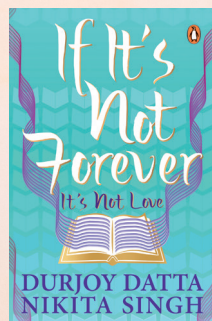
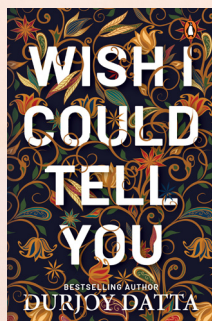
DURJOY DATTA is an author and a scriptwriter who has penned several bestselling novels and television shows.

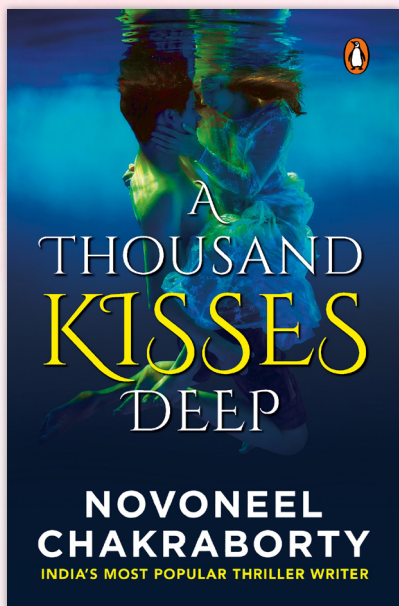
UNTITLED

DURJOY DATTA

From one of the topmost and consistently bestselling romance writers comes the next blockbuster

An experienced nursery schoolteacher, Aishwarya Mohan, is opening a chain of nursery schools that's going to revolutionize childcare for young women professionals. She rents out the ground floor of a property in Delhi for its first branch. On the same day, Dhiren Das, a seemingly wealthy but shady guy moves into the first floor. A series of chance meetings lead Dhiren to work for Aishwarya. However, the nursery isn't the only project Aishwarya is working on. She's also racing against time to become a mother! As their relationship progresses, more skeletons tumble out of their closets and love becomes a distant proposition.





Imprint Metro Reads

Format B/PB

Page Extent 288

ISBN 9780143458234

Price ₹199

Pub Date June 2022

Territory World

NOVONEEL CHAKRABORTY is the bestselling author of over fourteen thriller novels and a collection of short stories.

A THOUSAND KISSES DEEP

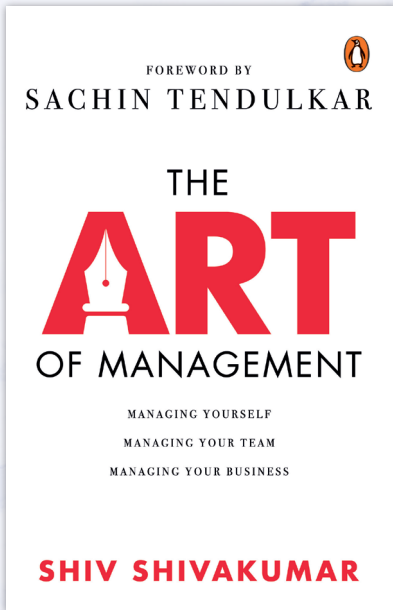
NOVONEEL CHAKRABORTY

What do you do when your love is innocent but desires are dark?

A Thousand Kisses Deep is the sequel to the bestselling *That Kiss in the Rain*, published in 2010. Written in Novoneel's trademark style, it features a dark plot and multiple twists following the journey of Hasil from the prequel, a successful entrepreneur who loses his memory after the tragic demise of his wife.

A photograph of a modern glass skyscraper at dusk. The building's facade is composed of a grid of glass panels, reflecting the sky and surrounding environment. The word "BUSINESS" is overlaid in white, bold, sans-serif capital letters across the upper portion of the building. The sky is a clear, deep blue. In the foreground, there are dark, angular concrete structures and a long, horizontal light streak from a moving vehicle, suggesting an urban setting.

BUSINESS



Imprint Penguin Business

Format B/HB

Page Extent 256

ISBN 9780670096893

Price ₹399

Pub Date April 2022

Territory World

SHIV SHIVAKUMAR, or **SHIV**, as he is popularly known, is one of India's longest-serving CEOs and the author of *The Right Choice*. He is currently the group executive president at Aditya Birla Group.

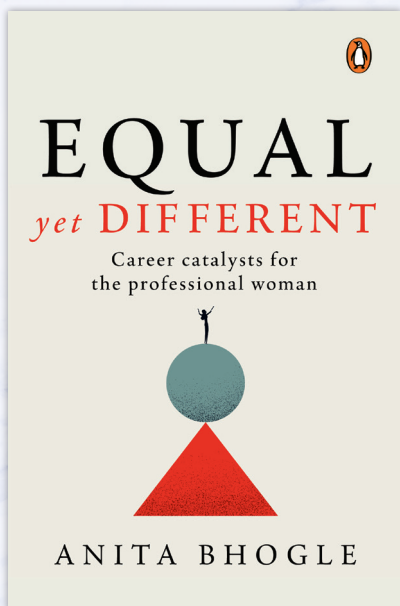
THE ART OF MANAGEMENT

MANAGING YOURSELF, MANAGING YOUR TEAM AND MANAGING YOUR BUSINESS

SHIV SHIVAKUMAR

A winning formula for success from the bestselling author of *The Right Choice*

Careers are changing, and the capabilities required to stay relevant are changing even more rapidly. We seem to have endless choices at least at the start of a career, but these start narrowing after middle management. How does one think about one's own life and career in this changing decade? The whole discipline of career management now has three elements to it: managing yourself, managing your team and managing your business. Shiv points out that, unlike in the past, all the three elements are your responsibility today. Featuring in-depth interviews with top leaders across the spectrum and an insightful foreword by Sachin Tendulkar, *The Art of Management* is a must-read.



Imprint Penguin Business

Format B/HB

Page Extent 256

ISBN 9780670096725

Price ₹399

Pub Date June 2022

Territory World

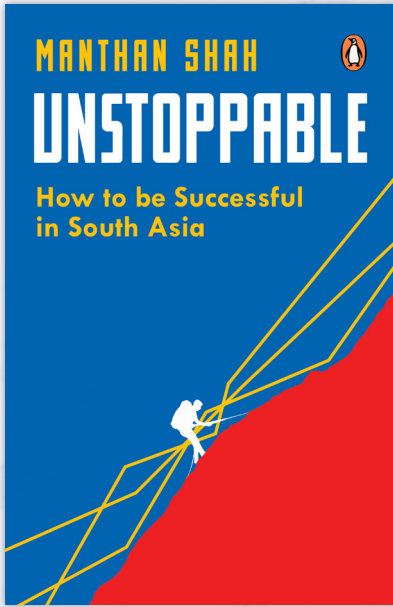
ANITA BHOGLE is an alumna of IIT Bombay and IIM Ahmedabad, and the co-author of the bestselling *The Winning Way*, which has sold over 1,25,000 copies.

EQUAL YET DIFFERENT **CAREER CATALYSTS FOR THE PROFESSIONAL WOMAN**

ANITA BHOGLE

A path-breaking new book by the co-author of *The Winning Way*

Equal Yet Different is exactly how women want to be treated and need to be treated. We now have a large and growing pool of highly talented and professionally qualified women. This book talks about the catalysts required for women to reach peak potential—conditions, people or even the mindset at home and work, and in the ecosystem. Anita Bhogle draws from professional experiences and wisdom of a large number of women leaders and experts. This book will benefit all those interested in women's careers—women themselves, their spouses, bosses and even HR folk.



Imprint Penguin Business

Format B/PB

Page Extent 256

ISBN 9780143454076

Price ₹299

Pub Date April 2022

Territory World

MANTHAN SHAH is a podcaster, athlete and Schwarzman scholar.

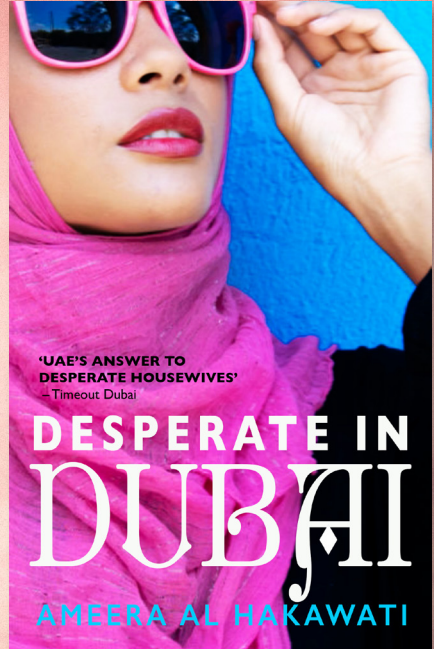
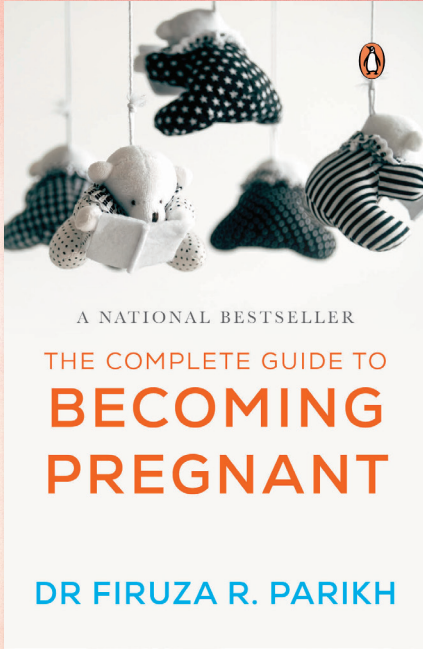
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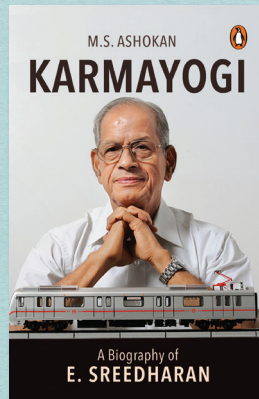
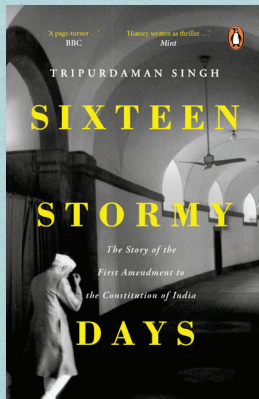
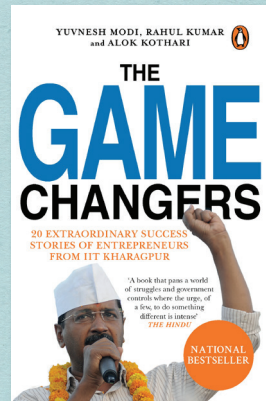
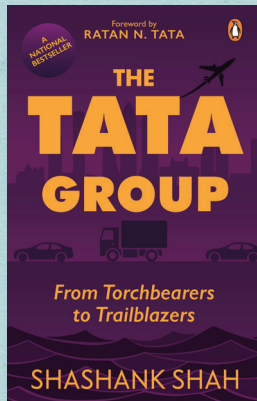
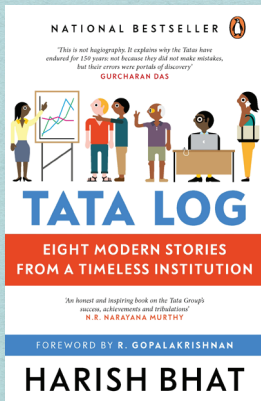
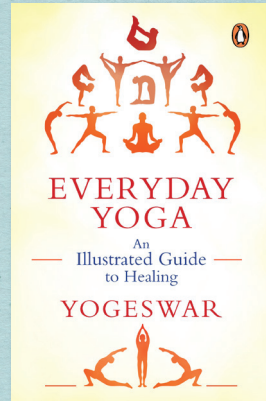
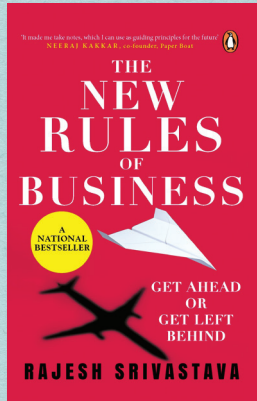
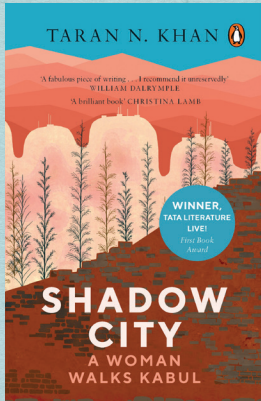
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